

CULMORE COMMUNITY HUB



CULMORE
COMMUNITY PARTNERSHIP

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AUTUMN 2021 NEWSLETTER



Culmore Hub kids at T-BUC Summer Camp 2021

Welcome to the Culmore Community Hub Autumn Newsletter. We hope you enjoyed our Summer programme, it was great getting the opportunity to provide lots of entertainment and support for the Culmore community.

We have a very busy Autumn planned for the Hub, with a full programme for all ages. Looking forward to welcoming the whole community to the Hub!

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THE CLOTHWORKERS'
FOUNDATION



Department for
Communities
www.communities-ni.gov.uk

An Roinn
Poblachtaí

Department for
Communities

ea Education
Authority

rural
Development
Programme

Department of
**Agriculture, Environment
and Rural Affairs**
www.daera-ni.gov.uk



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6 (LEADER) of the Northern Ireland Rural
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CULMORE PARENT & TODDLER GROUP

We have lots of activities to choose from to keep your little ones entertained this Autumn. Book early!!



	SESSION	DATE	TIME
MONDAY	Jo Jingles (age 1 to 4yrs) £3.00 per session	Monday 13th September – Monday 13th December	11.00am-11.45am or 12 noon – 12.45pm
TUESDAY	Baby Matters with Joan Baby Massage – 5 sessions Baby Yoga – 5 sessions Baby Reflexology – 5 sessions (Pre-crawlers) £5.00 per session	Tuesday 14th September – Tuesday 21st December	11.30am-12.30pm
WEDNESDAY	Tea & Talk An opportunity for parents/ grandparents/carers and the children to get together to have a chat and a cuppa while the kids play. (Age 0-4yrs) £2.00 per session	Wednesday 15th September – Wednesday 15th December	9.30am – 10.30am
FRIDAY	Coochie Coo with Jean Music & movement sessions (Pre-walkers) £3.00 per session	Friday 17th September – Friday 29th October	10.00am – 10.45am

CULMORE YOUTH CLUB AND YOUTH FORUM

Our Youth Club and Youth Forum sessions will begin again mid-September. We are continuing to be supported by the Education Authority Youth Service and NW Youth Services. We still have a few spaces available for all sessions. We are looking forward to welcoming the kids back to the Hub. We need support to deliver this service so if you could spare a few hours to volunteer please get in touch with Una at una@culmorehub.org. We will also be running our very popular Chess Club again; a big thank you to our volunteers for setting up the Club and passing on their skills to the kids!



	SESSION	DATE	TIME
MONDAY	CULMORE YOUTH FORUM Junior & Intermediates (8-13yrs old) FREE	Monday 20th September – 13th December	6.30pm – 8.00pm
	CULMORE SENIOR YOUTH CLUB Drop-In Session (14-18yrs old) FREE	Monday 20th September – 15th December	8.15pm - 9.30pm
TUESDAY	CULMORE YOUTH CLUB Juniors (8-10yrs) FREE	Tuesday 21st September – 15th December	6.30pm-8.00pm
	CULMORE YOUTH CLUB Intermediates (11-13yrs) FREE	Tuesday 21st September – 15th December	8.15pm-9.30pm
WEDNESDAY	CHESS CLUB (8-13yrs) £2.00 per session	Wednesday 22nd September – Wednesday 15th December NO SESSION 27th OCTOBER	6.30pm-7.30pm

CULMORE LEADING LIGHTS OVER 50s GROUP

We have an exciting line up for all of our over 50s to enjoy this Autumn. All our exercise sessions will be tailored to the needs of the participants, so don't worry if you haven't exercised in a while!! Be sure to book early as places are limited.



	SESSION	DATE	TIME
MONDAY	Yoga (including chair-based) with Marion These sessions will help you improve your core strength and balance and are suitable for all abilities. If you have mobility issues you can do the exercises whilst seated. £3.00 per session	Monday 20th September – Monday 13th December	10.00am-11.00am
TUESDAY	Your Health Matters Our 10-month programme, in partnership with Bradley's Pharmacy Culmore, will help local men & women aged 50+ improve their mental & physical well-being, make new friends and learn about the range of support available through their local pharmacy and in the community. FREE	Monday 28th September – July 2022	10.00am-12.30pm Lunch will be provided at each session.
WEDNESDAY	Exercise Session for over 50s Exercise session tailored to the needs of participants delivered by DCSDC Coaches. Suitable for all abilities. £3.00 per session	Wednesday 22nd September – Wednesday 15th December	11.00am – 12.00pm Refreshments provided
	'Here and Now' Older People's Arts Festival Focusing on the theme of 'Living well, A tale to tell' we will be delivering 8 storytelling and song writing workshops with singer/songwriter Roy Arbuckle. You don't have to be musical or a great singer these sessions are about sharing your story, making new friends and having fun. Free	Wednesday 13th October – 1st December	1.00pm – 3.00pm Refreshments provided
THURSDAY	Crafting at the Hub Crochet & Knitting with Margaret at the Hub. Suitable for learners and improvers. All materials will be provided. £3.00 per session	Thursday 16th September – Thursday 4th November	1.30pm – 3.30pm Refreshments provided
	Willow Weaving with Fiona at the Hub. Week 1 – making a willow Christmas wreath/Week 2 – decorating your wreath/Week 3 – making a willow Christmas Star. £5.00 per session	Thursday 18th November – Thursday 2nd December	1.30pm – 3.30pm Refreshments provided
FRIDAY	Walk in the Park Come join us for a walk and a chat at Culmore Country Park followed by cuppa at the Hub! £2.00 per session	Friday 24th September – Friday 26th November.	11.30am – 1.00pm

ACTIVITIES FOR KIDS



SESSION	DAY	TIME	FURTHER INFORMATION AND BOOKING
Casey School of Irish Dance Competitive & non-competitive dance (3yrs+)	Monday & Wednesday	6.15pm-7.30pm	Call Charmaine on 07841562433
Raven Dance Studio Creative/Commercial/Contemporary dance (3-9+ yrs)	Tuesday & Thursday	4.00pm – 6.00pm	Call Christine on 07986343014
Relax Kids Our fun based classes aim to make happy, confident children, providing life-long skills.	Monday	5.00pm-6.00pm	Call Fiona on 07967137727
Culmore Kids Club – afterschool club (5-12yrs). School collection available.	Monday to Friday	2.00pm-6.00pm	Call Rachel on 07545148118

ACTIVITIES FOR ADULTS



SESSION	DAY	TIME	FURTHER INFORMATION AND BOOKING
Yoga	Thursday	10.00am – 11.00am and 6.15pm-7.30pm	Call Marion on 07547128581
Pilates	Tuesday & Thursday	6.00pm – 8.00pm	Call Siobhan on 07890318593

IN THE COMMUNITY

Our local football clubs are accepting new members and keen to hear from volunteers, check out details below.



CLUB	VENUE	DAY & TIME	FURTHER INFORMATION AND BOOKING
Culmore Cu Chulainns GAA	Thornhill College Pitches	Every Saturday from 10.30am – 12.00pm	Call Dermot on 07971784367
Culmore Youth Football Club	Culmore Point Pitch	Every Saturday from 12.30pm – 2.00pm	Call Ben on 07502100634

GET ACTIVE THIS AUTUMN

In partnership with Derry City & Strabane District Council's Sports Development team we will be running a Couch to 5k programme. The programme is suitable for young people aged 16+ and adults. If you are interested, please e-mail charlene@culmorehub.org for further details and booking.

CULMORE CLOUD FESTIVAL 2021 - 1K & 5K RACE

The ever-popular 5K adults run and 1K kids run will take place on Thursday 30th September 2021 at 6.15pm at Culmore Country Park. Pre-register with Charlene on 028 7116 3713 or email charlene@culmorehub.org. You can also register at Grants Factory carpark from 5.30pm to 6.00pm on the evening of the races. The races will commence at 6.15pm followed by refreshments and prizegiving. If you are driving, please park at Grants Factory carpark, we will provide transport to the Park. Free entry for kids and £5.00 for adults.





COMING SOON...

CULMORE LITERARY FESTIVAL 2021

We will be hosting the inaugural Culmore Literary Festival from 24th to 30th October. We'll have something for everyone. Award winning writers, poets, historians, storytellers, print, radio and TV journalists will present a range of events for all ages and interests. Keep an eye on our website culmorehub.org and Facebook page for updates.

CHRISTMAS 2021

We have some lovely activities planned to get everyone in the Christmas spirit, we hope you can join us!!



EVENT	DATE & TIME	FURTHER INFORMATION AND BOOKING
Christmas Tree lights switch-on at the Hub with Santa Claus and his Elves	Friday 19th November at 7.00pm	Further details will be available on our Website and Facebook in early November
Christmas Tree lights switch-on at Centra, Culmore	Date to be confirmed	Santa will be back again to switch on the Christmas tree and Christmas street-lighting at Centra carpark.
Jewellery Making Workshop	Saturday 20th November 10am to 4.00pm	Enjoy a full day (11am to 5pm) of creativity and fun making a pair of silver stacking rings (one with a semi-precious stone) under the guidance of Goldsmith, Diane Lyness. Each participant will be taught traditional jewellery making techniques such as piercing, soldering, shaping, texturing, and polishing to create a beautiful pair of rings to take home. £70.00 per person including lunch.
Culmore Christmas Craft Fair	Saturday 27th November 11.00am to 4.00pm	If you would like to take a stall at our craft fair please e-mail una@culmorehub.org giving details of your products.
Christmas Crafts Workshop for Kids (8yrs+)	Saturday 4th December 11.00am to 1.00pm	The kids will make Christmas stockings and decorations. All materials and light refreshments will be provided. £5.00 per person.
Christmas Wreath Willow Weaving and decorating with Fiona Doney (Adults)	Saturday 4th December 2.00pm to 6.00pm	Join Fiona for an afternoon of willow weaving and wreath decoration. A lovely afternoon to get creative and learn a new skill! All materials and light refreshments will be provided. £15 per person.
Santa Claus at the Hub	Thursday 16th/Friday 17th/ Monday 20th/Tuesday 21st/ Wednesday 22nd December 1.00pm – 5.00pm daily	Santa enjoyed his visit to Culmore last year so much he has decided to come and visit us again this year. He will be available to meet with local children at the Hub. £5.00 per child or family ticket (up to 4 children) £15. Booking is essential, please visit our website for online bookings culmorehub.org



VOLUNTEERS NEEDED

A special thanks to all of you who have volunteered to help us over the past few months, your support has allowed us to run activities for local kids 4 nights per week at the Hub. We have a packed programme of activities this Autumn and would really appreciate some additional help. If you would be interested in volunteering at the Hub please e-mail una@culmorehub.org.



BOOKING TICKETS FOR EVENTS AND ACTIVITIES

To book call Charlene on 028 7116 3713 or email charlene@culmorehub.org. We have had to restrict the number of tickets for each event due to current Covid-19 restrictions so book early to avoid disappointment.



GETTING IN TOUCH

Telephone 028 7116 3713

e-mail una@culmorehub.org & charlene@culmorehub.org

www.culmorehub.org

Follow us on Facebook



GET CREATIVE!!

Every year during our community festival we organise competitions to encourage everyone to explore their creativity. This year we would love the Culmore community to send us their poems, photographs and art focusing on the theme of 'Life After Lockdown.'

We will have three categories for entries: Under 12yrs, Under 18yrs and Adults. There will be prizes for the best poem, photograph and piece of art for each category. We'll have a prize giving event at the end of the Summer and all winning entries will be displayed in the Hub.

Bring your entries to the Hub or e-mail to una@culmorehub.org.

Make sure you let us know which category your entry belongs to.

