

CULMORE COMMUNITY HUB



CULMORE
COMMUNITY PARTNERSHIP

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AUTUMN 2023 NEWSLETTER



Local school children and volunteers helping to plant hedging at our Community Garden by the River – well done everyone!!

Thanks to everyone who got involved with our Summer 2023 activities, we think you will all agree we had a great variety of events to entertain the whole community.

NEWS ALERT

We have brilliant news for our local children and young people, the National Lottery Community Fund through their Empowering Young People programme has awarded Culmore Community Partnership almost £500,000 to deliver a 4-year youth programme. We will now be able to extend our Youth Club provision from 2 evenings per week to 5 evenings.

The Culmore Youth Engagement programme will ensure life changing impacts for young people living in the Culmore area. The project will provide positive experiences and learning opportunities through a range of holistic and inclusive approaches that give young people opportunities to make real and lasting friendships. We will support young people's mental health and help improve their self-esteem. Through taking part in our programme they will feel better connected to their community. The programme will support children and young people aged 7yrs to 17yrs. See inside for further details.

Inside...

CULMORE PARENT & TODDLER

CULMORE YOUTH CLUB AND YOUTH FORUM

CULMORE LEADING LIGHTS OVER 50s GROUP

SESSIONS FOR KIDS AT THE HUB

SESSIONS FOR ADULTS AT THE HUB

IN THE CULMORE COMMUNITY

WHATS BEEN HAPPENING AT THE HUB

PHOTO GALLERY

VOLUNTEERING

SAVE THE DATE

HUB AUTUMN 2023 TIMETABLE



This project was part funded under Priority 6 (LEADER) of the Northern Ireland Rural Development Programme 2014-2020 by the Department of Agriculture, Environment and Rural Affairs and the European Union.

CULMORE PARENT & TODDLER

We have lots of activities to choose from to keep you and your little ones entertained this Autumn.



PARENT AND TODDLER SESSIONS

(TWICE WEEKLY)

Parent and Toddler sessions will return on Monday 11th and Wednesday 13th September 2023 from 9.30am – 11.00am. Children will be given the opportunity to experience sensory, imaginary, and exploratory play. A baby corner will also be available for infants. There will be singing and stickers at the end of each session to improve attention and listening.

Tea and coffee will be provided for parents/grandparents and care givers. Refreshments will be available for children. We look forward to seeing all your little ones. Suitable for 0-4yrs with a donation of £3.00 per session.

- Do you wish your child would eat more fruit and vegetables?
- Would you like to reduce mealtime stress?
- Would you like to enjoy being active together as a family more often?
- Are you interested in some ideas to get children away from the TV?

This is an 8/10 week programme. Starting on Thursday 21st September from 9.30am to 11.30am.

*A private childminding service is available on site - Pre-booking is advisable please contact Culmore Kids Club directly for information on fees and availability.

HENRY PROGRAMME

The Henry is a UK charity working to give babies and young children a healthy start. We are pleased to provide local parents with the opportunity to take part in this fantastic programme this Autumn at the Hub. The HENRY programme can help everyone with a baby or young child. Every parent who joins learns something new and useful. If you have at least one child under 5 years old and can answer 'Yes' to any of the questions below, then HENRY is for you:

- Would you like to feel more confident as a parent?
- Would you like some support to give your child a healthy start?

COOCHIE COO

Our Autumn Coochie Coo term will be commencing on Friday the 22nd of September, facilitated by the brilliant Jean Dunn. This first block will be six weeks, cost will be £30. Payment must be made in advance to secure your place.

This term we will have three sessions. Our 10am and 11am will be baby only sessions (pre-crawlers). Our 12 noon sessions are for babies who are crawling or walking and toddlers, these sessions are also suited to families. To book your space please provide your name, baby/toddlers name, age, and your contact number.

To book your place call 028 71163713 or email admin@culmorehub.org

SESSIONS FOR KIDS AT THE HUB

We have a great programme for kids aged 3-12 years running daily at the Hub, to book contact facilitators directly.



SESSION	DAY	TIME	FURTHER INFORMATION AND BOOKING
Casey School of Irish Dance - Downstairs Hall We welcome girls and boys ages 3+ for fun, fitness, and friendship.	Wednesday	Beginner class 5.30pm to 6.30pm. Beginner Feis class 6pm to 7.30pm. Advanced class 6pm to 7.30pm.	Call Charmaine on 07841562433
Culmore Kids Club - Cabin • Creche • Afterschool club (5-12yrs). School collection available.	Monday to Friday Monday to Friday	9.00am-12.00 Noon 2.00pm-6.00pm	Call Rachel on 07545148118

CULMORE LEADING LIGHTS OVER 50s GROUP

We have our continuing programme of classes for all our over 50s to enjoy this Autumn



YOGA

William Grant, the Yoga Man will continue to deliver our Monday morning session starting on 18th September from the new time of 11.30am to 12.30pm. This session is tailored to the needs of the over 50's. William has been teaching Iyengar yoga since 2014. Cost of the 6-week course will be £30.

HUB SOCIALS

On Monday 11th September from 1.00pm to 4.00pm we will be continuing our Lunch Socials at the Hub. We want local people aged 50+ to join us for some good food, a chat, and activities in our downstairs hall. We'd love to see our regulars and plenty of new faces come along to have a lovely sociable afternoon. Lunch will be served from 1.00pm to 2.00pm, so just drop in when it suits. We are pleased to be able to offer a second weekly Hub Social. From Friday 15th of September why not join us for Elevenses and a chat from 11.00am to 1.00pm in our upstairs hall.

We would appreciate a small donation if you can, to help cover running costs. We would also appreciate some help with our Hub Socials so if you have a background in catering or would be happy to help us with the washing up, please contact us on 02871 163713 or admin@culmorehub.org

SUSTRANS & LIFE CYCLES - CYLCE SKILLS & BIKE MAINTENANCE COURSE

For many of us we haven't cycled in years and our skills may be a bit rusty and maybe we lack the confidence to get back in the saddle. With the installation of the new Greenway in Culmore there's no better time to dust of your bicycle and improve your health. To help you get started we have arranged for Sustrans and Life Cycles to deliver a 3-day Cycle Skills & Bike Maintenance course for the over 50's. The Cycle Skills sessions will take place on Tuesday 5th and 12th September from 10.00am to 12.00noon, followed by lunch. On Saturday 30th September from 10.00am to 12.00Noon we will have a Cycle Fix session. Sustrans and Life Skills will teach you how to look after and maintain your bike. If you don't have a bike at the moment we can provide one for the sessions. The cost of the course is £15.00.

We only have 10 places on the course so book soon!!!

PHARMACY PROGRAMME

(1st Tuesday each month)

This ten-month programme in partnership with Bradleys Pharmacy Culmore is available for local men and woman who are aged 50+. The aim of the programme is to improve your mental and physical wellbeing, make new friends and learn about the wide range of support available through our local pharmacy and in the community. The first session will take place on Tuesday 3rd October from 12 Noon to 2.00pm, lunch will be provided.

COOKING ON A BUDGET

We are running a series of 4-week cookery classes from September 2023. The aim of the course is to teach participants how to get the best from their air fryers and slow cookers. We will be cooking recipes from different countries in a tasty, fast and convenient way. This course will start on Tuesday 19th September from 2pm to 4pm at the Hub. The cost of the course is £20.00.

JEWELLERY MAKING WITH LIN

The very talented Lin Callaghan will be joining us to deliver a 5-week jewellery making class, suitable for beginners and those with some experience of jewellery making. The sessions will run every Wednesday from 20th September to 18th October from 10am to 12Noon. This 5-week course will cost £25.00.

TRADITIONAL CRAFT SESSIONS WITH FIONA

Every Wednesday from 10.00am to 12.00 noon beginning on Wednesday 25th October to the 29th November we will be welcoming back Fiona to facilitate a new series of Traditional craft classes for our over 50's at the Hub. This is a lovely, relaxed session where you will learn some traditional crafting skills including weaving using a handloom, crochet and making a mandala. This will be a 6-week course, the cost is £30.

TAI SWING

Caren Friel will be back with us from 12.15 noon to 1.15pm every Wednesday starting on 20th September for Tai Swing. This is a combination of Tai Chi movements with music. The 6-week course cost £30.00, advance payment is required. If you want to improve your mental and physical well-being, then this is the course for you.

To book your place call 028 71163713 or email admin@culmorehub.org

CULMORE COMMUNITY HUB



SILVER CIRCUS

We are pleased to welcome In Your Space back to continue the Silver Circus programme. Silver Circus provides an opportunity for those over the age of 55 to learn circus skills including tightwire, juggling, hula hoop and so much more. Silver Circus is a fun and innovative way to stay fit and have a laugh in a creative environment.

Come along and try your hand at all the circus skills, make some new friends and have some fun!! Excellent for your cognitive and physical health. Sessions will begin on Wednesday 13th of September from 2.00pm to 3.30pm. Please call us to book your place. Donations welcome.

ART – WATERCOLOURS

Returning on Thursday 21st September 2023, our Watercolour Art classes, facilitated by the very talented Noleen Hegarty, will take place on Thursday mornings from 11.00am to 1.00pm. These classes are well suited to beginners or those who want to improve their skills. The classes will run for 6 weeks and cost £30, all materials will be provided.

LIVING WELL IN LATER LIFE

We will be joined by Compassionate Communities for their 4-week Living Well in Later Life programme. The programme will focus on balanced living & well being, Mindfulness in nature, and creative arts with nature. The final session will involve a life review and making plans for the future. The sessions will begin on Thursday 21st September from 2.00pm to 4.00pm. There is no cost for this programme but you can make a small donation to our running costs if that suits.

SEWING CLASSES FOR BEGINNERS

Join Rosie to learn how to get to grips with using a sewing machine. Over 6-weeks you will be guided through some sewing projects such as making a shopping bag and apron. Bring your own sewing machine to the class. The sessions will start on Thursday 26th of October for 6-weeks from 1.30

– 3.30pm. The cost for the 6-week programme is £30.00, spaces will be limited so book soon.

ARTS CARE

Here and Now Older Peoples Arts Festival - This 8 week creative art programme for older people involves taking part in the creative workshops i.e.: music, art, creative writing, storytelling, dance classes during the 'Here & Now' Festival. The project is intended to have a positive effect on your mental health and well-being. It's a great way to meet new people and have fun. Participants art work will be displayed or exhibited at the end to the course. The dates for this programme have not been released yet but please register your interest if you would like to participate.

CHRISTMAS TREE WILLOW WEAVING

Join Fiona Doney to create a willow Christmas tree, stars and wreaths. Participants will get an opportunity to learn new skills and enjoy some festive treats. The 2-week course will take place on Tuesday 14th and 21st November from 10.00am-1.00pm and again on Thursday 30th November and 7th December from 10.00am-1.00pm. There is a charge of £20 for the course. We have 10 places available per course.



SESSIONS FOR ADULTS AT THE HUB

We are keen to provide support for adults to improve their physical, mental and emotional well-being. This Autumn we have lots on offer, why not join us to try something new.



CULMORE WOMENS' CIRCLE

Culmore Women's Circle, our fun and vibrant Women's group, meet on the second Tuesday of every month from 12.00pm to 1.30pm. The first Autumn session will take place on Tuesday the 10th of October, we can't wait to see you all again. We're always pleased to see new local women join our group so come along and join us to make some new friends and learn new skills. We would welcome a donation of £3 towards lunch.

CULMORE HUB GARDENING CLUB

We have received funding from Derry City & Strabane District Council through the Community Support Fund to run gardening workshops. If you want to learn how to grow your own vegetables, herbs and flowers then why not come along on Wednesday Evening from 5.30pm to 7.30pm, this will run until end of September.

YOGA WITH WILLIAM GRANT

Our very popular yoga classes with William Grant, The Yoga Man, will be returning for further classes. On Wednesday nights from 7.45-8.45pm William will lead an all-abilities Yoga class in our downstairs hall. William has been teaching Iyengar yoga since 2014, his classes at the Hub are fantastic. The block will run for a total of 6 weeks costing £36 commencing on the 20th of September 2023.

TAI CHI (MOVING MEDITATION)

Starting on Thursday 21st of September, the fantastic Caren Friel will be facilitating weekly Tai Chi classes at the Hub from 7.00pm to 8.00pm. This Autumn we are continuing classes in the evening due to demand for activities outside working hours. The 6-week course will cost £36. This is an extremely popular class so get yourself registered as soon as possible to avoid disappointment.

SEWING SPRINKLES

Join Carolyn for an introduction to using your sewing machine, this 6-week course starts on Friday 15th September from 6.30pm - 8.30pm in the Cabin. Please bring along your sewing machine. To book please Call Carolyn on 07763863901

ADVICE AND WELFARE SERVICES

Advice Services Skeoge will be providing an outreach service at the Hub every Friday from 9.30am - 12.30pm. An experienced advice professional will provide support on benefits, Tax Credits, housing, debt matters, disability and tribunal representation. This is by appointment only and can be booked directly on 028 71 164792 or email askskeoge@gmail.com

LITTER PICK

Why not join our Litter Pick team who work hard to keep Culmore clean and tidy. They meet on the second Sunday and Monday every month. The Litter Picks will resume on Sunday the 10th and Monday the 11th of September at 11.00am. Meet at the Hub, we'll provide hi-vis vest, litter picker, bin bags and gloves. This is a lovely intergenerational activity and a great way to get to know your neighbours.

DOGS TRUST AT THE HUB

The Dog's Trust are holding a community event at the Hub on Monday 18th September from 1.00pm to 2.30pm. The experienced Dogs Trust team will provide professional advice and training tips. Come along and find out more about Dogs Trust services and have a go at making a free interactive toy for your dog. If there is enough local interest, we will designate the Hub a gathering place for local dog owners once a month! You will have the opportunity to meet other dog owners, build a supportive network and discover new friendships. For more information please email NI.communityengagement@dogstrust.org.uk *Please note this is a human only event*.



To book your place call 028 71163713 or email admin@culmorehub.org

CULMORE COMMUNITY HUB

IN THE CULMORE COMMUNITY

Our local clubs are accepting new members and keen to hear from volunteers, check out details below.



CULMORE HISTORY GROUP

Culmore History Group was established in 2019 by a group of local people with a strong interest in local history. They are pleased to announce that they will be hosting a series of history talks at the Hub this Autumn/Winter starting on Friday 8th September.




CLUB	DATE & VENUE	EVENT	BOOKING
CULMORE HISTORY GROUP	Culmore Community Hub Friday 8th September 2023 from 7.00pm to 9.00pm	Join Philip O'Neill to explore the rich history of Culmore followed by refreshments.	To book your place please contact admin@culmorehub.org
CULMORE CU CHULAINNS GAA	Thornhill College Pitches	Coaching and games available for Primary 1's right up to U14 years, come and give it a try! Training commencing Wednesday 23rd August, check our Facebook for updates	Call Dermot on 07971784367 Anyone interested in volunteering at the Club please get in touch.
CULMORE YOUTH FOOTBALL CLUB	Culmore Point Pitches	Saturdays from 1pm to 2pm for all kids under 8 years old. For all other age groups please get in touch via Facebook for training times. Girl's teams starting in September.	Call Ben on 07502100634 We are recruiting coaching staff and volunteers with full training given.
LOUGH FOYLE YACHT CLUB	Culmore Point	Dinghies and Foyle Punts are raced from March to November, on average twice per week, 62 race days in total this season. Full sailing schedule can be found at - www.lfyc.co.uk	For further information you can get in touch at - loughfoleyachtclub@gmail.com





**BIG CHANGES AT
CULMORE YOUTH CLUB
THIS AUTUMN**



**Culmore
Youth Club**

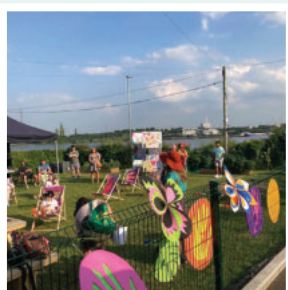
**CULMORE YOUTH ENGAGEMENT
DAILY OPPORTUNITIES FOR OUR CHILDREN
AND YOUNG PEOPLE AT CULMORE YOUTH CLUB**

STARTING OCTOBER 2023





CULMORE YOUTH ENGAGEMENT



We are thrilled to announce that Culmore Community Partnership has been awarded almost £500,000 to deliver the Culmore Youth Engagement programme. The programme will provide local young people aged 7yrs to 17yrs with the opportunity to benefit from mental and physical well-being support, a Youth Forum that will provide a safe space to have their say on decisions and services that affect them, environmental and climate awareness and action, volunteering & life skills development opportunities, cultural & social activities, and arts & community festival engagement. We will continue our work with local schools, sports clubs and voluntary groups in the Culmore and wider Council area to deliver the programme.

The National Lottery Community Fund has been a great support to Culmore. Through their generous funding Culmore Community Partnership has been able to bring much needed services, support and activities to Culmore for all ages. This new funding will allow us to continue to support, nurture, listen to and mentor our children and young people.

When we established Culmore Youth Club in 2021 we were overwhelmed by the response from the community. It quickly became apparent that our children and young people were struggling to deal with the mental, emotional and physical impact of the Covid 19 pandemic and the disruption to their education. Our children and young people are growing up in a world that is witnessing increasing war & conflict, a cost-of-living crisis and the climate crisis. They are heavily influenced by online content and are often isolated and lonely. Our research has shown us that there are many of our members suffering from anxiety, low self-esteem, loneliness and feeling isolated. This programme will help us strengthen our ongoing



work to support our children and young people.

The Culmore Youth Engagement programme will allow us to increase our youth club membership from 240 to 400 places over 4 years. Allowing us to develop young community leaders who will have the skills and confidence to take up meaningful roles within our community. The Culmore Youth Engagement programme will help us on our journey to create a connected and cohesive community with and for our children and young people.

We would like to thank the local children and young people who worked with us to design this new programme, thanks also to all of the parents, grandparents and guardians who took time to complete questionnaires and give us their feedback on the type of support and activities that they wanted to see for their children.

The Culmore Youth Engagement programme will allow us to run our Youth Club 5-nights per week starting on Monday 2nd October 2023. Monday and Friday nights will be drop-in sessions where Youth Club members can meet with their peers to make new friends, play games, chat and socialise. Our Youth staff and volunteers will be on hand throughout the sessions. Tuesday nights we will focus on Arts, Crafts and Festivals, Wednesday evenings will allow the children to learn more about the natural environment and get involved in social action activities such as litter picking and surveys. Thursday evenings will focus on mental, emotional and physical well-being. It's up to parents and children to decide which evenings suit them best, you can attend one session per week or all five. We want to offer our children and young people as much flexibility and support as possible.





COMMUNITY LAUNCH OF CULMORE YOUTH ENGAGEMENT PROGRAMME

**Tuesday 19th September
from 5.30pm to 8.00pm at the Hub**

We would like to extend an invitation to all of the children and young people who are already registered with Culmore Youth Club and anyone who would like to join us in October to the official launch of the Culmore Youth Engagement Programme.

The launch will take place on Tuesday 19th September from 5.30pm to 8.00pm at the Hub.

We will have taster sessions for some of the activities we will be offering at the Youth Club. We would encourage parents, grandparents, or guardians to attend to meet the staff and hear what's on offer at the Youth Club. All children aged 12yrs and under must be accompanied by an adult.

We will be joined by our funders The National Lottery Community

Fund, the Mayor and we have other special guests attending, further details to follow!!

There will be a barbecue at the Hub so no need to worry about cooking for the family just come along and enjoy the free food!!

To book your place call 028 71163713 or email admin@culmorehub.org



Some of our current Youth Club Members have shared their experiences of the Club

I have been going to Youth Club at the Culmore Community Hub since the very beginning and I have moved through Intermediate into the Senior Youth Club. I have been able to meet new people that I wouldn't have had the opportunity to meet before. I have attended all the summer activities which were all new experiences for me. I was also able to introduce my other friends to the Youth Club and they have enjoyed it too. Before the Youth Club was formed there was very little to do in Culmore for children, so it has been a valuable addition to the community.

The youth club has helped me in so many ways, I have gained the confidence to talk to new people and this has resulted in me making new friends. The youth club has given me a place to go outside of my house and school, and it is a place that is welcoming and makes me feel like I belong. Just getting out of the house for an hour or two to clear my head and to have fun has had a massive improvement on my general mood and my mental well-being.

Our child was diagnosed with Autism Spectrum Disorder. He has been attending Culmore youth club since it started and loves it. It is an opportunity for him to befriend children in the local community. We know he is very safe and has a great relationship with all the leaders. He enjoys all the activities whether he can manage them or not. The youth workers have been fantastic and provide a great service to all the young people in the area.



VOLUNTEERING AT CULMORE YOUTH CLUB

We have 1 full-time and 2 part-time staff to deliver the Culmore Youth Engagement programme so we need lots of help from the community. Would you be willing to give a few hours per week to help out at our Youth Club sessions? We will provide training and on-going support to ensure you have a positive volunteering experience. Ideally we would need a team of 10 volunteers to help us support our children and young people.

If you would be interested in becoming a Youth Club volunteer, please call in at the Hub to chat to us about the opportunities available or call Sean on 028 7116 3713.

YOUTH CLUB REGISTRATION & TIMETABLE

The Youth Club will run every evening from Monday to Friday. We will offer nightly sessions for Juniors (age 7-9yrs), Intermediates (age 10-13yrs) and Seniors (age 14-17yrs). When registering please ensure you choose the correct group for your child. If you would like to discuss which group your child should join please contact us on 028 7116 3713.

REGISTRATION

We will be introducing a new registration form in September - all current members must re-register and any new children and young people interested in attending Culmore Youth Club must register

before participation. The new registration form will be available on our website www.culmorehub.org from Monday 11th September. It is extremely important that you provide all of the information requested. We need to know as much about your child as possible prior to them attending the Club to make sure we can provide the support they need.

The parent, grandparent or guardian of each child/young person will receive an email to confirm that their place has been secured. Please ensure that you provide the correct email address when completing the registration form.

MONDAYS 'DROP-IN' SESSIONS - STARTING 2nd OCTOBER

Monday nights will be drop-in sessions where you can meet with your friends, make new friends, play games, chat and socialise.

Culmore Youth Club -Juniors 7-9 yrs.	6.00pm – 7.00pm
Culmore Youth Intermediates (10-13yrs)	7.15pm – 8.15pm
Culmore Youth Club - Seniors 14 – 17yrs	8.30pm – 9.30pm

TUESDAYS 'ARTS, CRAFTS AND FESTIVALS' SESSIONS - STARTING 3rd OCTOBER

Tuesday nights offer an opportunity to explore your creativity through culture, art, drama, poetry, heritage and music (why not join our band?) and you'll get an opportunity to help prepare for the numerous festivals we run throughout the year.

Culmore Youth Club - Juniors 7-9 yrs.	6.00pm – 7.00pm
Culmore Youth Intermediates (10-13yrs)	7.15pm – 8.15pm
Culmore Youth Club - Seniors 14 – 17yrs	8.30pm – 9.30pm

WEDNESDAYS 'ENVIRONMENT, CLIMATE CHANGE & SOCIAL ACTION' - STARTING 4th OCTOBER

Wednesday evenings will provide an opportunity to help you to discover the role you can play in protecting our environment and getting the voices of our children and young people heard on key issues such as climate change and conservation..

Culmore Youth Club -Juniors 7-9 yrs.	6.00pm – 7.00pm
Culmore Youth Intermediates (10-13yrs)	7.15pm – 8.15pm
Culmore Youth Club - Seniors 14 – 17yrs	8.30pm – 9.30pm

THURSDAYS 'MENTAL, EMOTIONAL AND PHYSICAL WELL-BEING' - STARTING 5th OCTOBER

Thursday evenings will focus on mental and physical well-being support including life skills development. You can take part in physical activity sessions, yoga, mindfulness or take part in discussions about bullying, feeling isolated, anxiety and peer pressure. These sessions will help you cope with the challenges you face in your daily life.

Culmore Youth Club -Juniors 7-9 yrs.	6.00pm – 7.00pm
Culmore Youth Intermediates (10-13yrs)	7.15pm – 8.15pm
Culmore Youth Club - Seniors 14 – 17yrs	8.30pm – 9.30pm

FRIDAYS 'DROP-IN' SESSIONS - STARTING 6th OCTOBER

We'll end the week with another drop-in sessions where you can relax after a busy week at school, meet with your friends, make new friends, play games, chat and socialise.

Culmore Youth Club -Juniors 7-9 yrs.	6.00pm – 7.00pm. Start 6th October
Culmore Youth Intermediates (10-13yrs)	7.15pm – 8.45pm. Starting 6th October
Culmore Youth Club - Seniors 14 – 17yrs	7.15pm – 8.45pm. Starting 6th October

*PLEASE NOTE INTERMEDIATES AND SENIORS WILL ATTEND AT THE SAME TIME ON FRIDAYS

WHAT'S BEEN HAPPENING AT THE HUB



CULMORE COMMUNITY PARTNERSHIP AGM 2023 *Another successful year at Culmore Community Hub!!*

We held our AGM on 25th July 2023, it was a great opportunity to reflect on our success over the last few years and to acknowledge the unwavering support we receive from the local community. Our Chairman, Neil Doherty, and our Manager, Una Cooper, were pleased to announce that over the previous 12 months CCP secured funding of £708,748.75 from 16 individual funders for the Culmore community. They reported that prior to CCP being established in 2018, Culmore suffered greatly due to 40 years of lack of investment in the community. This was in part due to the lack of a collective voice in the community, which didn't inspire confidence with funders. Since 2018 CCP has brought funding of £1.8 million to the Culmore area from 40 individual funders. CCP has built up high levels of trust among these funders in its ability to administer their funds. The funding has been used to bring much needed community facilities, services and support to Culmore. Neil stated that CCP is very proud of its success in securing these essential funds for the area. Securing funding is becoming increasingly competitive, more than ever, one collective voice is needed to retain the confidence of funders and keep them investing in Culmore.

It was reported that CCP is working hard, with a range of local stakeholders and DCSDC, to secure suitable land and funding to develop sports facilities including 4G pitches for the local Soccer, GAA, Yacht and Youth clubs and for wider community use, a play park and a community centre with indoor sports facilities. Further funding has been secured to appoint an Architect's team to restore, renovate and extend Culmore Fort. CCP is looking forward to continuing to engage with the local community on these plans to ensure we deliver a project that meets local need. Neil reported that it is only through partnership working with Lough Foyle Yacht Club and the Honourable the Irish Society that we have been able to progress to this stage. To date funders have invested £28,000 in this vital project to ensure one of Culmore's key landmarks is protected for future generations to enjoy.

Neil noted that all of these projects require collaborative working among all of the local residents, clubs, voluntary and church groups,

schools and businesses. He said CCP works hard to maintain good working relationships with all local stakeholders and does its utmost to ensure the local community is kept up to date with any progress.

Una reported that due to lack of space at the Hub that the premises had to be extended in early 2023. The addition of a cabin to the rear of the building has allowed for the expansion of the afterschool provision, the introduction of a new creche facility and the extension of our youth programme and evening activities for the wider community.

She also reported that since the Hub opened to the community in May 2021, hundreds of local people have been supported with a range of services including afterschool care, creche, consumer advice, welfare and benefits support and employment support. The Hub delivers a full programme of events and activities from 8.30am to 9.30pm Monday to Friday, alongside a year-long programme of festivals. There are currently an average of 1000 attendances per week at the Hub. 4921 individuals availed of the services, activities, events and support from April 22 to March 2023. This year's Christmas Elf Parade, Lights Switch On and Santa at the Hub drew huge crowds with 1856 engaging in our festivities. This Summer our Community Fun and Sports Day also attracted highest numbers we've had since Covid with 1200 people in attendance.

Neil closed the AGM by thanking all those who work tirelessly at the Hub to create a cohesive, engaged community in Culmore. CCP currently employ 3 full-time and 1 part-time staff to deliver a packed programme of activities, support and events. This work is supported by 63 dedicated volunteers. In 2022 they provided 2400 volunteer hours to allow us to deliver our wide range of services and support. The monetary value of this time is approximately £33,000. Neil commended CCP's Trustees for their vision, hard work and dedication. He said they give so much of their time to attend regular meetings and engage in volunteering to help make a difference to the lives of people living in Culmore.

"I've gained in confidence, because before, if the Hub staff had asked me to go into a group with people that I didn't know then I would have been shy and uncomfortable but now I can do this no problem as I know lots more people and have more confidence."

CULMORE COMMUNITY HUB

CULMORE HUB COMMUNITY GARDEN BY THE RIVER

With the funding we secured from the National Lottery Community Fund – “Places and Spaces” programme we have been able to extend our community garden to the green space across from the Hub. We are creating a beautiful, tranquil, Community Garden by the River. In June we welcomed Hollybush Primary School pupils and staff to help with our hedge planting. Our volunteers helped out with the hard work and have been back many times to plant rose bushes and ivy on our beautiful pergola. We hope the community makes good use of this community space and we are always happy to welcome new volunteers to keep it litter free and look after the planting.

CULMORE FORT

We reported in April that CCP has been successful in securing additional funding through the Village Catalyst Development Grant programme. The grant will be used to develop detailed plans to restore, renovate and extend the community space at Culmore Fort. We are working with the Honourable the Irish Society, who own the Fort and surrounding land, and Lough Foyle Yacht Club on this project. We will be carrying out community consultation to ensure the restoration of Culmore Fort and the surrounding area meets local needs. CCP is delighted to be working in partnership with Lough Foyle Yacht Club to ensure the Fort remains a key landmark in Culmore for many years to come.

We had lots of fun at the Hub this Summer, if you think you would enjoy meeting new people, learning new skills, and becoming more connected to your local community why not join us this Autumn? You'll love it!!!





"I think it's helped to break down the barriers, people are finding it easier to make friends because we've got the events and stuff they can come along to. ... So, when we have the events on at the Hub that's kind of neutral meeting ground ... That's when the community really does come together and mix and get to know each other."

"I think it has helped - because I know my neighbours more now, my neighbours know me, and it makes me feel more secure. [...] Everyone is really looking out for each other. I mean, there's elderly folk on our street so everybody's kind of taking an extra step to make sure they're ok."

Since joining the Youth Club.... then they start to build up all those kinds of social skills and soft skills, which will hopefully make them engaged in their community in the long run."



CULMORE COMMUNITY HUB



VOLUNTEERING AT THE HUB

We currently have over 63 volunteers who are key to making things run smoothly here at the Hub. Without their time and support it would not be possible to bring you all the clubs, activities, and events that you have grown to love. From April to July 2023 there has been over 1100 volunteer hours, this is massive! Sincere thanks to each and every one of you for your continued support. If you would be interested in becoming a volunteer, please call in at the Hub to chat to us about the opportunities available or call Paula on 028 7116 3713.



DATES FOR YOUR DIARY



THIRD ANNUAL CULMORE LITERARY FESTIVAL

The Culmore Literary Festival will return for the third year at the Hub. We have an exciting line up of local writers & poets to appeal to all ages. This year's festival will take place from the 20th to 24th September at the Hub. To close this year's festival on Sunday 24th September we will be hosting an Afternoon Tea at the Hub with singing, poetry and dance. Fliers will be distributed to all local homes in early September and online booking will open on 4th September, culmorehub.org/events

SAVE THE DATE ...

CHRISTMAS AT THE HUB

CHRISTMAS LIGHTS SWITCH-ON AT THE HUB

Santa Claus has been in touch to let us know he will be switching on the Christmas Lights at the Hub on Friday 17th of November at 7.00pm. We'll be joined by local children and young people who will keep us entertained with Christmas songs until Santa arrives!!

CHRISTMAS CRAFT FAIR

Call in and browse all our festive Christmas Stalls on Sunday 26th November from 11.00am – 4.00pm. If you would like to apply for a stall for this event, please contact admin@culmorehub.org for an application form.

CHRISTMAS WREATH WILLIOW WEAVING

Fiona Doney will be returning to the Hub in December to run willow weaving sessions. Participants will get the opportunity to learn new skills, make new friends and take home a beautifully decorated Christmas Wreath. The one-day sessions will take place on Saturday 2nd and 9th of December from 10.00am to 4.00pm. Lunch will be provided. There is a charge of £30.00 per session.

SANTA CLAUS AT THE HUB

Santa will be coming to the Hub to meet all your little ones, on the following dates and times. To avoid disappointment, book a slot online www.culmorehub.org (bookings open 1st November 2023).



SANTA at the hub in DECEMBER	TIMES
Thursday 14th	1.00pm - 5.00pm
Friday 15th	1.00pm - 5.00pm
Saturday 16th	10.00 - 3.00pm
Monday 18th	2.00pm - 6.00pm
Tuesday 19th	2.00pm - 6.00pm
Wednesday 20th	2.00pm - 6.00pm

CULMORE COMMUNITY HUB AUTUMN TIMETABLE

Commencing September 2023 (check start dates for each activity)

Monday	Venue	Time	
Parent and Toddlers	Downstairs	9.30am – 11.00pm	Starting 11th September
Litter Pick (2nd Monday of each Month)	Meet at the Hub	11.00am-12.30pm	Starting 11th of September
Leading Lights Chair based Yoga	Downstairs	11.30am – 12.30pm	Starting 18th September
Dog's Trust community engagement event	Downstairs	1.00pm to 2.30pm	Starting 18th September
Hub Social Lunch (50+yrs)	Downstairs	1.00pm – 3.30pm	Starting 11th September
Culmore Kids Club – Creche	Cabin	9.00am – 12.00pm	
Culmore Kids Club – After school	Cabin	2.00pm – 6.00pm	
Culmore Youth Club -Juniors 7-9 yrs.	Both halls	6.00pm – 7.00pm	Starting 2nd October
Culmore Youth Intermediates 10-13yrs	Both halls	7.15pm – 8.15pm	Starting 2nd October
Culmore Youth Club - Seniors 14 – 17yrs	Both halls	8.30pm – 9.30pm	Starting 2nd October
Tuesday	Venue	Time	
Sustrans/Life Cycles - Cycle Skills for the over 50's	Hub carpark & Greenway	10.00am – 12.00 Noon	5th & 12th September
Pharmacy Prog. 1st Tues every month	Upstairs	12.00pm - 2.00pm	Starting the 3rd October
Woman's Circle 2nd Tues every month	Upstairs	12.00pm – 1.30pm	Starting 10th October
Cooking on a Budget	Downstairs	2.00pm – 4.00pm	Starting 19th September
Culmore Kids Club – Creche	Cabin	9.00am – 12.00pm	
Culmore Kids Club – After school	Cabin	2.00pm – 6.00pm	
Culmore Youth Club - Juniors 7-9 yrs.	Downstairs	6.00pm – 7.00pm	Starting 3rd October
Culmore Youth Intermediates 10-13yrs	Downstairs	7.15pm – 8.15pm	Starting 3rd October
Culmore Youth Club - Seniors 14 – 17yrs	Downstairs	8.30pm – 9.30pm	Starting 3rd October
Wednesday	Venue	Time	
Parent and Toddler	Downstairs	9.30am – 11.00am	Starting 13th September
Leading Lights Crafts	Upstairs	10.00am – 12.00pm	Starting 20th September
Leading Lights Tai Swing	Downstairs	12.15pm -1.15pm	Starting 20th September
Silver Circus	Downstairs	2.00pm – 3.30pm	Starting 13th September
NI Mobile Library	Car Park	2.30pm – 4.00pm	Every 2nd week. Starting 6th September
Culmore Kids Club – Creche	Cabin	9.00am – 12.00pm	
Culmore Kids Club – After school	Cabin	2.00pm – 6.00pm	
Gardening Club	Garden	5.30pm – 7.30pm	Running until end of September
Casey School of Irish Dance	Downstairs	5.00pm – 7.30pm	Starting 6th September
Yoga with William Grant	Downstairs	7.45pm – 8.45pm	Starting 20th September
Culmore Youth Club -Juniors 7-9 yrs.	Cabin	6.00pm – 7.00pm	Starting 4th October
Culmore Youth Intermediates 10-13yrs	Cabin	7.15pm – 8.15pm	Starting 4th October
Culmore Youth Club - Seniors 14 – 17yrs	Cabin	8.30pm – 9.30pm	Starting 4th October
Thursday	Venue	Time	
Henry Programme	Upstairs	9.30am – 11.30am	Starting 21st September
Watercolours Art Class	Upstairs	11.00am–1.00pm	Starting 21st September
Sewing with Rosie	Upstairs	11.00am – 1.00pm	Starting 26th October
Compassionate Communities	Downstairs	2.00pm – 4.00pm	Starting 21st September
Culmore Kids Club – Creche	Cabin	9.00am – 12.00pm	
Culmore Kids Club – After school	Cabin	2.00pm – 6.00pm	
Tai Chi	Cabin	7.00pm – 8.00pm	Starting 21st September
Culmore Youth Club -Juniors 7-9 yrs.	Downstairs	6.00pm – 7.00pm	Starting 5th October
Culmore Youth Intermediates 10-13yrs	Downstairs	7.15pm – 8.15pm	Starting 5th October
Culmore Youth Club - Seniors 14 – 17yrs	Downstairs	8.30pm – 9.30pm	Starting 5th October
Friday	Venue	Time	
Coochie Coo	Downstairs	10.00am - 10.45am	Starting 22nd September
Coochie Coo	Downstairs	11.00am – 11.45am	Starting 22nd September
Coochie Coo	Downstairs	12.00pm – 12.45pm	Starting 22nd September
Hub Social - Elevenises!	Upstairs	11.00am – 1.00pm	Starting 15th September
ASK - Advice and Welfare Services	Upstairs	9.30am – 12.30pm	
Culmore Kids Club – Creche	Cabin	9.00am – 12.00pm	
Culmore Kids Club – After school	Cabin	2.00pm – 6.00pm	
Sewing Sprinkles	Cabin	6.30pm – 8.30pm	Starting 15th September
Culmore Youth Club - Juniors 7-9 yrs.	Both halls	6.00pm – 7.00pm	Starting 6th October
Culmore Youth Intermediates 10-13yrs	Both halls	7.15pm – 8.45pm	Starting 6th October
Culmore Youth Club - Seniors 14 – 17yrs	Both halls	7.15pm – 8.45pm	Starting 6th October
Saturday	Venue	Time	
Sustrans/Life Cycles - Cycle Fix	Carpark & Downstairs	10.00am – 12.00Noon	30th September
Willow Weaving	Upstairs	10.00am – 4.00pm	2nd & 9th December
Sunday	Venue	Time	
Litter Pick (2nd Sunday of each Month)	Meet at the Hub	11.00am – 12.00pm	Starting 10th of September
The Hub Christmas Craft Fair	All halls	10.30am – 4.00pm	26th November