

CULMORE COMMUNITY HUB



CULMORE
COMMUNITY PARTNERSHIP

32-34 Culmore Point Rd,
Derry/Londonderry

t. 028 7116 3713 or
e. una@culmorehub.org

www.culmorehub.org



NEWSLETTER SPRING/SUMMER 2025



INSIDE:

CULMORE
PARENT
& TODDLER

SESSIONS FOR
KIDS AT THE
HUB

CULMORE
YOUTH CLUB
AND YOUTH
FORUM

CULMORE
CONNECTIONS
AT THE HUB

CULMORE
FESTIVAL 2025

CULMORE
WORDS & MUSIC

CULMORE OVER
50S

SESSIONS
FOR ADULTS
AT THE HUB

IN THE
CULMORE
COMMUNITY

HUB SPRING/
SUMMER
TIMETABLE

Culmore Fort

Project Update

We are delighted to announce that after 4 years of planning, community engagement and lots of hard work we are in the final phase of the conservation repairs to Culmore Fort. The work on this listed building began in January 2025 and will be completed by the end of April 2025. The Fort at Culmore was held by the Crown until it was sold off with its lands to the Honourable the Irish Society in 1840, the Society still own the old Fort today.

Our children and young people will be the primary users of the Fort. Thanks to generous funding from The National Lottery Community

Fund and Cash for Kids we will be able to provide much needed mental and emotional support for this group. We will also host support programmes for adults and cultural and heritage events. In a rural area with few amenities and services the restoration of the Fort will create much needed community space.

The Fort restoration was funded by The Village Catalyst Fund, DEARA, Dept for Communities, NIHE, AHF, The Honourable the Irish Society, Garfield Weston Foundation and the Pilgrim Trust. Without their support we could not realise our ambitious plans to provide much needed community space for Culmore.



CULMORE PARENT & TODDLER

We have lots of activities to choose from to keep you and your little ones entertained in the Spring/Summer for 2025.



PARENT AND TODDLER SESSIONS

Parent and Toddler sessions will return on Monday 28th April 9.30am – 11am and Thursday 1st May 2025 from 10am – 11.30am. Suitable for 0-4yrs.

BABY MASSAGE

Baby Massage (Suitable from birth to 5 months) We will be offering a Baby Massage Programme starting Tuesday 29th 10am – 11am.

COOCHIE COO

There will be two sessions: 10am will be baby only sessions (pre-walkers), 11am for babies who are walking and toddlers, these sessions are also suited to families. To book contact Jean directly on Instagram @coochiecoomusic

Day	Activity	Time	Location
Monday	Parent and Toddler	9.30am – 11.00am	Downstairs Hall
Tuesday	Baby Massage	10.00am	Downstairs Hall
Thursday	Parent and Toddler	10.00am – 11.30am	Downstairs Hall
Thursday	Dolly Parton Imagination Library	10.45 am– 11.45am (Once per Month)	Downstairs Hall
Friday	Coochie Coo	10.00am and 11.00am	Downstairs Hall

NEW FOR SPRING/SUMMER

SOLID START

– Weaning Made Easy

Weaning can be an exciting and sometimes daunting time for parents as they introduce their baby to the world of solid food. This 3-week course will help guide you through this developmental stage and encourage you to introduce a range of tastes and textures to your baby. Week 1 will be delivered by the Community Food and Nutrition Team (WHST). The following weeks

will be making and sampling different baby foods. Starting on Tuesday the 27th of May from 10am to 12.00 noon. Contact the Hub on 02871 163713 to book at space.

PARENTING PROGRAMME

Starting Monday, 12th May – 23rd June, from 7-9 PM, this fun, supportive, and informative programme is designed to help parents build stronger, more positive relationships with their

children. Each session covers essential topics like praise and encouragement, managing emotions, making positive choices, discussing boundaries with consequences, boosting self-esteem, and keeping our children safe. You'll gain practical tools in a non-judgemental, friendly environment with peer support from other parents. Enjoy tea, coffee, and great conversations while learning new skills to create a happier home.

SESSIONS FOR KIDS AT THE HUB

We have a great programme for kids aged 3-12 years running daily at the Hub, to book contact facilitators directly.



SESSION	DAY	TIME	FURTHER INFORMATION AND BOOKING
Casey School of Irish Dance – Accepting children ages 3+ for fun, fitness and friendship.	Monday Upstairs Wednesday (Downstairs Hall)	6.00pm – 7.00pm All Levels Welcome. 5.45pm to 7.30pm. All Levels Welcome	Call Charmaine Roddy on 07841562433 Instagram - @Casey_school Facebook- The Casey School of Irish Dancing
Culmore Kids Club Creche (1 – 4Years) Afterschool club (5-12yrs). School collection available	Monday to Friday Monday to Friday	09.00am -12.00 Noon 2.00pm-6.00pm	Call Rachel on 07545 148118

CULMORE YOUTH CLUB

We have a great programme for children & young people aged 7-17 years running daily at the Hub, To register please scan QR code provided below...



WHAT'S AHEAD?

This Spring and Summer we have a wide range of activities on offer at Culmore Youth Club. We are currently running our Culmore Connections Programme, a multigenerational project focused on exploring the history of Culmore. This is our first project open to all age groups, and so far, the workshops have been a great success with Grainne helping the group to tell their stories, and Ann-Marie helping them create their stained-glass designs.

Our Youth Forum are also currently delivering a Vaping Awareness campaign having developed their ideas through the Winter. This project offers our young people a great opportunity to get involved in meaningful social action.

Our 1k/3k run will take place on Tuesday 6th May at 6pm at Culmore Country Park, we are hoping for a great turnout from our Youth Club members



and their families. The Family Fun Day will be taking place on Saturday 14th June, make sure to save the date, as always, we will have an array of amusements and activities for kids of all ages.

EASTER SCHEME

Our Easter Scheme will be taking place at the end of April with Juniors on 23rd April, Intermediates on 24th April, and Seniors on 25th April. These

sessions will run from 1pm to 4pm each day. Our Seniors will be joining the Youth Forum on their trip to Prison Island, Belfast. Further details and registration links will be emailed out to parents and guardians in the coming weeks.

SUMMER SCHEME

Our Junior Summer Scheme will be running from Monday 7th July to Friday 11th July from 1pm to 4pm each day. The week will include Arts and Crafts, Wellbeing Sessions, Nature Activities, and a special treat to finish up the week. Our Intermediate Summer Scheme will run from Monday 14th July to Friday 18th July from 1pm to 4pm each day. The week will include visits from In Your Space, Kayaking, and finish up with a trip to the Bowling Alley. Our Senior Youth Club Residential will be announced closer to the Summer after further consultation with our Senior group.



Monday	Tuesday	Wednesday	Thursday	Friday
Juniors 6pm-7pm	Juniors 6pm-7pm	Juniors 6pm-7pm	Juniors 6pm-7pm	Juniors 6pm-7pm
Intermediates 7.15pm-8.15pm	Intermediates 7.15pm-8.15pm	Intermediate/Senior Split Session 7.15pm-8.45pm	Intermediates 7.15pm-8.15pm	Intermediate/Senior Split Session 7.15pm-8.45pm
Seniors 8.30pm-9.30pm	Seniors 8.30pm-9.30pm		Seniors 8.30pm-9.30pm	

Our Easter and Summer Schemes are open to Youth Club members only, if you want to register your child please use the QR code below.

CULMORE FORT – MENTAL AND EMOTIONAL WELL-BEING

We are delighted to announce that we will be introducing a wide range of mental and emotional well-being sessions at the newly restored Culmore Fort. The new community space will allow us to offer our children and young people one-to-one and group support services and activities. We will keep parents/guardians updated by email.

START TIMES

Our Junior session starts daily at 6pm sharp, the fifteen minutes before each session is set aside for staff to set up for the session. Young people left at the Club prior to 6pm will not be supervised by staff, please do not leave your child alone at the centre before their session starts. We appreciate that Intermediates and Seniors may be involved in programmes, such as the youth forum, that require them to be in the building prior to their session start time.

FOREST SCHOOL

This year we are delighted to offer a weeklong Forest School at Culmore Community Hub. Taking place from Monday 30th June to Friday 4th July from 1pm to 4pm the forest school is open to all age groups. The course will cover a range of topics, such as foraging, bug identification, and fire safety. Registration forms will be released in May. Our trip to Ness Woods on Wednesday 14th May will serve as a preview to the Forest School be sure not to miss it if you are interested in taking part.



Culmore Youth Club Junior Group is now open to any children in Primary 3. If you would like to register your child with Culmore Youth Club scan the QR Code opposite and fill in our form.



CULMORE CONNECTIONS

Celebrating cultural diversity in our community



Culmore Connections is an intergenerational project which is celebrating cultural diversity in our community and involves partnership working with Muff Community Partnership, Waterside Presbyterian Church Group, Culmore Youth Club, Culmore Primary School and Hollybush Primary School. The project has been funded through Derry City and Strabane District Council's PEACEPLUS Local Co-Designed Action Plan a programme supported by the Special EU Programme Body (SEUPB).

We launched Culmore Connections on 10th September since then 137 people of all ages have participated in the project. Over the past few months we have undertaken visits to Fort Dunree, The Tower Museum, The Maritime Museum and The Siege Museum. These trips allowed our participants to get to know one another and begin to explore our local history, heritage and traditions. We have delivered a series of storytelling and writing workshops where our participants have worked with a creative writing facilitator to create a book of stories about life in Culmore and Muff. From February to April 2025 we are delivering a series of art workshops which will give our participants the opportunity to help us create a design for new stained glass windows which will be installed at the Hub. If you are interested in learning more about

Culmore Connections please contact Una on 02871163713.

Many thanks to two of our current participants who have agreed to share their stories of life in Culmore and Muff.

Culmore by Michael Downes

What can you say? Seriously. What can you honestly say? For every person there is an opinion. A perception that differs from every other and therefore there are potentially a thousand Culmores' each as valid as the next and totally different based on age, gender, job, how long you have been here and whether or not your great granny caught salmon in the Foyle or something else entirely. The risk in saying anything is that opinions and perceptions that differ from someone else's can sometimes cause friction. A universal fact not restricted to Culmore and not absent from it either....

The changing world and more appropriately the changing character of communities is by no means a new thing. Everywhere is changing and I believe always has been. I think and definitely hope that we are in most ways, in the important ways changing as much for the better as we can and taking on that change together. For me that is the change that I have noticed most. That there is some sense here now of a togetherness. A community. A community in

change but definitely a community.

Of course, that is just one person's perception and opinion.

My First Paid Employment by Patsy Walsh

A first cousin of mine told me that there was work available at Culmore Point to do some salmon fishing. There were seven or eight of us, led by the Skipper who was employed by the Foyle Fisheries Commission. We only fished at low tide times and this consisted of two or three casts of the drift net. Two people took the sole rope, and the remainder went on the rowing boat out in a semi-circle to the winch which was situated about two or three hundred yards further down the shoreline. The two men on the sole rope walked along the beach to the winch and the net was dragged in, in every decreasing area and any fish captured put into the boat in a box.

I remember one time myself and an older man from Bridgend were on the sole rope and the net was cast too early and the strength of the tide going out took the sole rope from us and ended up in a straight line from the winch and almost moved it from its position....



CULMORE COMMUNITY FESTIVAL

We have a packed line up of activities for the whole community starting in May and running through until Christmas 2025. You can book tickets for each event on our website www.culmorehub.org or in the office at the Hub. Thanks to our funders The National Lottery Community Fund and Derry City & Strabane District Council.

3K & 1K RUN

Back by popular demand we will hold our ever popular, 3K and 1K run at Culmore Country Park, on Tuesday 6th May 2025. You can register online at www.culmorehub.org, call into the Hub or book on the race night at Grant's factory carpark. Parking for the event will be available at Grant's and we will provide a shuttle service to the Park. Free entry for the kids 1K race and £5.00 for the 3K race.



DATE	TIME
Tuesday 6th May 2025	6.00pm – 8.00pm

KID'S JAMBOREE

We have a special treat for all under 4s, join us for a morning of entertaining fun and snacks at Culmore Community Hub. We have 4 sessions available, tickets cost £5.00 per child. You can book online at culmorehub.org/events



DATE	TIME	ENTERTAINMENT
Monday 2nd June	9.30 am to 11.00am	Debutots-Interactive storytelling and dramatic play
Thursday 12th June	9.30 am to 11.00am	Debutots-Interactive storytelling and dramatic play
Monday 16th June	9.30 am to 11.00am	Coochie Coo – music, singing & movement
Thursday 26th June	9.30 am to 11.00pm	Coochie Coo – music, singing & movement

CULMORE COMMUNITY FESTIVAL

FAMILY FUN AND SPORTS DAY

This year's Family Fun & Sports Day will be a real treat for the whole community. Join us on Saturday 14th June from 1.00pm to 5.00pm at Culmore Country Park for what promises to be Culmore's biggest and best Family Fun & Sports Day yet!! We will have an afternoon of sports competitions with lots of fun races for all the family. We'll have amusement rides to suit toddlers through to teens, entertainers, face painting, barbeque, tuck shop and ice cream.

We would love to see some of our older residents joining us this year. Come along and enjoy an entertaining afternoon in our marquee with Parky the Entertainer and our very own Culmore Community Choir.

Come check out the action at the Culmore Community Fun Day with a small skateboard demo featuring local skaters showing off their skills! Whether you're a longtime fan or just curious, swing by for some tricks, flips, and good vibes. Great fun for all ages—don't miss it!

Back by popular demand, we will have the Culmore Dog Show, it will be open to any dog of any breed. If you think you have the best groomed, cutest or even the scruffiest mutt come along and join us at the Park at 1.15pm. Registration is £5.00 per dog, per category. You can register online at culmorehub.org/events, at the Hub or at the Park on the day of the event.

There will be prizes for winners in 6 categories:-

- Top Dog
- Best Groomed Dog
- Cutest Dog
- Best Dressed Dog
- Dog Most Like It's Owner
- Scruffiest Mutt

Car parking will be provided at Grants Factory, we will provide a shuttle service to and from the Park. Admission fee for the afternoon is £10.00 for a family ticket (2 adults & 3 children) and £3.00 for an individual. Children under 12 years must be accompanied by an adult.

Activities *(Included in Entry fee)*

- Bouncy Castle
- Total Wipeout
- Chairplanes
- Trampolines
- Stalls
- Over the bar football Competition
- Races for all the Family
- Parky the Magician

Additional *(Please bring cash)*

- Facepainting
- Food Van
- Coffee Van
- Slushies/Candy Floss/Popcorn

DATE	TIME
Doors open	1.00pm
Culmore Annual Dog Show	1.15pm
Family Races & Over the Bar competition	2.15pm
Parky Magic Show	3.00pm
Culmore Youth Club Band	3.45pm
Fun Day ends	5.00pm



CULMORE COMMUNITY FESTIVAL

CULMORE WALKING FESTIVAL

Calling all over 50's, dust off your walking shoes and join us for a series of guided walks of 4 of our most scenic parks and greenways in the City. A bus will leave from Culmore Community Hub at 11.00am on the day of each walk, returning to the Hub at 1.00pm for lunch. The cost per walk is £5.00



DATE	TIME	Location
Monday 7th July	11.00am – 2.00pm	Strathfoyle Greenway
Tuesday 15th July	11.00am – 2.00pm	Muff Greenway
Monday 21st July	11.00am – 2.00pm	St Columb's Park
Monday 28th July	11.00am – 2.00pm	The Line (Letterkenny Road)

DAY TRIPS

We have some lovely day trips planned for our over 50's this Spring, each trip will include lunch and entry fees. Places are limited so book early. Tickets cost £20.00 per trip which includes lunch



DATE	TIME	LOCATION	STARTING POINT
Monday 9th June	11.00am – 6.00pm	Glebe is an elegant Regency house, dating from 1828, situated outside Letterkenny. We will enjoy the stunning gardens, the Derek Hill collection and have lunch in the beautiful tea rooms.	Bus will leave from Culmore Community Hub at 11.00am, returning to the Hub at 6.00pm.
Tuesday 24th June	11.00am – 6.00pm	The Ulster American Folk Park tells the story of Ulster people's emigration to North America in the 18th and 19th centuries. We will enjoy an afternoon exploring the exhibits and have lunch at the on-site café.	Bus will leave from Culmore Community Hub at 11.00am, returning to the Hub at 6.00pm.

CULMORE LITTER PICKERS

A big thank you to our dedicated team of volunteer Litter Pickers who will be providing the site clean-up services at our event. If you would like to help out, please give us a call on 028 7116 3713.

VOLUNTEERS NEEDED

We have a packed programme of activities this Spring and Summer; we would really appreciate some help. If you would be interested in volunteering at the Hub, please email admin@culmorehub.org

BOOKING EVENTS AND ACTIVITIES

Please visit www.culmorehub.org/ events to book tickets or call at the Hub.

CULMORE ANNUAL SHOW

23 AUGUST 2025

HORTICULTURE
HOME INDUSTRIES
ARTS & CRAFTS



The Culmore Show will be held on Saturday 23rd August at the Hub from 2.00pm. We're looking forward to receiving lots of entries from local gardeners, crafters, bakers, jam makers and artists of all ages.

CULMORE GARDEN COMPETITION

Do you work hard to make your garden a beautiful place to be? Then why not enter our Culmore Garden competition. We would love to see some of you who are new to gardening enter this year's competition. Gardens will be judged during the week beginning 7th July 2025. Entrants must live in the Culmore area*.

The categories are:-

- Best Kept Garden,
- Best Display of Hanging Baskets and Containers,
- Best New Feature in Garden
- Best Vegetable Plot,
- Most Colourful Border

**The Culmore Area is defined as the area between Culmore Roundabout and the Border at Muff.*

Show Programme and Entry Forms will be available at Culmore Community Hub from Monday 12th May 2025.

For further information please call Una on 028 7116 3713 or email una@culmorehub.org

The Culmore Show has been running since the late 1800's and we are very proud to carry on this special tradition.

GETTING READY FOR THIS YEAR'S SHOW

If you would like to participate in this year's Show and would like some guidance and support we have gardening and craft sessions planned to help you get competition ready!! For details, please check out the Sessions for Adults at the Hub section.

IF YOU WON A CUP OR TROPHY LAST YEAR, PLEASE RETURN IT TO THE HUB BY 30TH MAY 2025

CULMORE WORDS & MUSIC FESTIVAL '25



We have changed the format of our annual Culmore Literary Festival this year to bring a more local focus to the programme of events during 2025.

Our Festival has been renamed Culmore Words and Music, and we have an exciting programme lined up for this year.

We are pleased to announce that to open this year's Culmore Words and Music Festival we will be holding a Poetry Competition which will be open to both children and adults. The theme of the competition is Culmore Fort.

We are well underway with the restoration of Culmore Fort and want to mark this important landmark becoming a community space by engaging with people in Culmore, and further afield, to get their interpretation of what the Fort represents to them.

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POETRY COMPETITION

Children Aged 7yrs - 9yrs

1st Prize: Book Tokens £40.00
2nd Prize: Book Tokens £30.00
3rd Prize: Book Tokens £20.00

Children Aged 10yrs - 13yrs

1st Prize: Book Tokens £40.00
2nd Prize: Book Tokens £30.00
3rd Prize: Book Tokens £20.00

Young People Aged 14yrs - 17yrs

1st Prize: £50.00
2nd Prize: £40.00
3rd Prize: £30.00

Adults 18yrs+

1st Prize: £100.00
2nd Prize: £50.00
3rd Prize: £30.00

DEADLINE FOR ENTRIES

30TH APRIL 2025

**ENTRY IS FREE
BUT LIMITED TO
ONE POEM
PER PERSON.**



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Social Development
Northern Ireland



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ENTRY IS BY EMAIL ONLY

Deadline for receipt of entries: 30th April 2025.

- The competition is for anyone aged 7yrs+ living in the Derry City & Strabane District Council and Inishowen areas.
- Poems must be your original work, in any style, no longer than 30 lines.
- Poems should have not been published elsewhere (including self-published) by 30th April 2025.

Please send your poems by email to competitions@culmorehub.org in a Word or pdf attachment. Please ensure the poem is formatted as you wish it to be read. If the form is complex, it is advisable to use a pdf format. If you do not have access to a computer, please contact the Hub on 028 7116 3713 to make alternative arrangements.

All poems are judged anonymously, so should not bear your name, nor any other form of identification.

In your covering email, please give:

- Your name and postal address
- The title of the poem submitted

We will acknowledge receipt of entries by means of an automated reply. Prize winners only will be contacted with news of the judge's decision, by 16th May. The results will be announced on our website on 30th May.

All entries will be read by the judge, whose decision is final. There can be no correspondence concerning the result.

Prize-winning poems will be posted on our Facebook and website. Prize winners will also be invited to read their poems at a community event at the Hub in September 2025 (date to be confirmed.)

Closing Date: 30th April 2025 by 5.00pm

CULMORE WORDS & MUSIC FESTIVAL '25



www.culmorehub.org

SESSIONS FOR OVER 50's AT THE HUB

We have our continuing programme of classes for all our over 50s to enjoy this Winter.



YOGA

William Grant, will deliver our Monday morning session starting on 28th April from 11.30am to 12.30pm. This session is tailored to the needs of the over 50's.

LUNCH SOCIAL

On Monday 28th April from 1.00pm to 4.00pm we will be continuing our Lunch Social at the Hub. We want local people aged 50+ to join us for some good food, a chat, and activities in our upstairs hall.

WALKING GROUP

The group will meet at the chosen destination each Tuesday at 11am for a walk and great chat. If you are interested in joining in please contact us. (Own Transport or car share required).

TAI SWING

Caren Friel will be back with us from 12.15pm to 1.15pm every Wednesday starting on 30th April.

CRAFT

Spring Craft classes with Kiera will begin on Thursday 1st of May at 10am

Day	Activity	Time	Location
Monday	Yoga Lunch Social	11.30am 1.00pm	6 weeks Ongoing
Tuesday	Pharmacy Programme Walking Culmore Connections	10.00am 11.00am 2.00pm	14 weeks Ongoing Ongoing
Wednesday	Tai Swing	12.15pm	7 weeks
Thursday	Craft	10.00am	6 weeks

NEW FOR SPRING/SUMMER

Pharmacy Programme

We are working in partnership with Bradley's Pharmacy to deliver our CDHN - Building the Community Pharmacy programme. This programme is available for local men and woman who are aged 50+. The aim of the programme is to improve mental and physical wellbeing, make new friends and learn about the wide range of support available through our local pharmacy and in the community. On Tuesday 29th of April we will launch our Pharmacy Programme. We will meet weekly at 10.00am. If you are interested in joining this programme please get in contact with us at the Hub on 02871 163713 or email admin@culmorehub.org

To book your place call 028 71163713 or email admin@culmorehub.org

SUPPORT SERVICES AT THE HUB

Mobile Library at the Hub

Every fortnight on a Wednesday 2.30pm – 4.00pm we will have the Mobile Library from Libraries NI here in our Car Park. This service is available to the whole community. Why not come along and have a chat and choose some books to borrow.


libraries ni

ADVICE AND WELFARE SERVICES

Dove House will be providing an outreach service at the Hub one Friday a month from 9.15am – 2pm. The next appointments will be **Friday 2nd May**. An experienced advice professional will provide advice and support in completing forms were required. To book please contact us on 02871 163713 or email admin@culmorehub.org

SESSIONS FOR ADULTS AT THE HUB

We are keen to provide support for adults to improve their physical, mental and emotional well-being.



ZUMBA

Zumba with Alana will commence on Monday 28th April 7.30pm – 8.30pm.

GARDENING

Our Culmore Growing Together group meet from 6.00pm to 8.00pm on a Monday evening here at the Hub.

PHOTOGRAPHY

Photography for Men continues on a Monday evening, resuming on Monday 28th April 7.00pm.

CULMORE WOMENS' CIRCLE

Culmore Women's Circle, our fun and vibrant Women's group, meet on the second Tuesday of every month. The first session will be Tuesday 13th of May 12.00 noon.

PILATES EVENING

We have two Pilates classes on a Tuesday at 6.30pm and 7.30pm with Brenda Plummer, classes resume Tuesday 29th April.

FUSED GLASS WORKSHOP

with Natsha Duddy – Tuesday 20th May 9.30 – 12.00, please contact us to book.

CHOIR

Choir practice will return on Tuesday 29th April from 7.15pm – 8.15pm. If you are interested in joining please feel free to come along.

OIL PAINTING

Oil Painting Classes with David Fahy and will run from Wednesday 30th April 10am – 12 noon.

YOGA WITH WILLIAM GRANT

Yoga classes with William Grant will be Wednesday nights from 7.45-8.45pm from the 30th April 2025.

BUNCRANA CAMERA CLUB

Buncrana Camera Club will continue to meet here at the hub on the third Wednesday of every month at 7.30pm in our upstairs hall.

COOKING

This course will be run on a Thursday from 2.00pm to 4.00pm at the Hub. The course will start on Thursday 1st of May.

LINE DANCING

Line Dancing with Davey will be on a Thursday beginning again on 1st of May 7.00pm – 8.00pm.

TAI SWING

Tai Swing with Caren Friel continuing on Thursday 1st of May 7.00pm – 8.00pm.

PILATES MORNING

Pilates class on a Friday at 9am with Brenda Plummer, classes resume Friday 2nd May.

GUITAR

Guitar lessons at the Hub are ongoing from Friday 2nd May at 7.00pm

HYPNOBIRTHING

Dawn from Your Journey, Your Way is running a series of Hypnobirthing classes here at the Hub throughout the year. This will be on a Saturday morning and some evening classes. To book contact Dawn directly on Facebook @your_journey_your_way_

PILATES WITH KATIE

Katie Vail teaches classical Pilates suitable for all levels. These classes will be on a Saturday morning. Contact Katie to book.

COOKING WITH JAWWAD

Fusion cooking workshop Saturday 31st May 10am – 1pm, contact us if you are interested.

PAVERPOL WORKSHOP

Paverpol is an air hardening, water based resin. Sculptures are made from old tee shirts! Learn to make a beautiful figure to take home on the day. Saturday 10th May 10am – 4pm (Lunch included).

Day	Activity	Time	Location
Monday	Gardening Photography Zumba	6.00pm 7.00pm 7.30pm	Ongoing Ongoing 6 weeks
Tuesday	Women's Circle Pilates Choir	12.00pm 6.30pm & 7.30pm 7.15pm	2nd Tuesday of month 7 weeks Ongoing
Wednesday	Oil Painting Yoga	10.00am 7.45pm	7 weeks 7 weeks
Thursday	Cooking Line Dancing Tai Swing	2.00pm 7.00pm 7.00pm	4 weeks 6 weeks 8 weeks
Friday	Pilates Guitar	9.00am 7.00pm	7 weeks Ongoing



IN THE CULMORE COMMUNITY

Congratulations to Neil Doherty MBE

Our Chairman, Neil Doherty, was awarded an MBE in the New Years Honours list this year. We would like to congratulate him and thank him for his strong commitment to making Culmore a cohesive, welcoming and strong community. In 1995 Neil was elected Chairman of Culmore Football Club, this marked the beginning of his long-term dedication to bringing services and support to the local community. In 2011 Neil joined the Board of Governors of Culmore Primary School and was elected Chairman in 2012, a post he held until 2022.

In 2014 Neil became increasingly concerned that Culmore did not have an umbrella organisation that could properly represent all the residents, organisations and voluntary groups in the area. After a lot of work trying to get a cohesive group together

Culmore Community Partnership emerged and by 2018 it was registered as a Charity. As Chairman, Neil led the board in securing a 25-year lease for Victoria Hall and funding for the restoration of the building. In 2020 Victoria Hall, which was renamed Culmore Community Hub, opened to the Culmore community. 30 years on and Neil continues to work hard on behalf of the people of Culmore, which is a better place because of his selfless dedication to our community. Well done Neil, we are very fortunate to have you heading up our organisation.



Our local clubs are accepting new members and keen to hear from volunteers, check out details below.



CULMORE CU CHULAINNS GAA

Weekly coaching and games for boys and girls aged 4 to 16 at Thornhill College pitches, Culmore.

- Every Saturday morning from 10.00am til 12noon
- Wednesday evenings from 6.00pm to 9.00pm

New players very welcome! Come along and learn all about Gaelic games!. If curious, call or text Dermot on 07971784367 for more info. Anyone interested in volunteering at the club please get in touch also, thank you.
Find us on Facebook @ Culmore Cù Chulainns



CULMORE YOUTH FOOTBALL CLUB

Culmore Youth FC is excited to announce that recruitment has begun for a new Senior Men's team ahead of the new season starting in August 2025.

After the success of the club at grassroots level, which now sees age groups from 2020s up to 2007s, this marks a major step forward for Culmore, providing a fantastic opportunity for players to compete at a high level while representing their community. We're actively recruiting players and coaches to be part of this exciting journey. If you're interested in being part of this journey, get in touch on social media, via email culmorefc@outlook.com or contact Ben on 07502 100634 for more information.



LOUGH FOYLE YACHT CLUB

Culmore Point

Dinghies and Foyle Punts are raced from March to November, on average twice per week, 62 race days in total this season.

Full sailing schedule can be found at - www.lfyc.co.uk
For further information you can get in touch at - Loughfoyleyachtclub@hotmail.com



We had the launch of the Dolly Parton's Imagination Library in December 2024. Over 20 parents/carers registered their children for this programme. They each receive a free age-appropriate book each month and with the help of year 13 pupils from Thornhill College they read these stories to them each month at the Hub. This project is working in partnership with Apex Housing Association and its aim is to promote a love of reading at a young age. Registrations from the Woodlands area are still being accepted. Please contact the Hub if you would like to register your child on 02871 163713.

VOLUNTEERING AT THE HUB

We currently have over 80 volunteers who are key to making things run smoothly here at the Hub throughout the year at various small and large events. Without their time and support it would not be possible to bring you all the clubs, activities, and events that you have grown to love. From January to March 2025 there has already been over 693.5 volunteer hours. Sincere thanks to each and every one of you for your continued support. If you would like to join our Volunteer Team then please contact us on 028 7116 3713.



LITTER PICK

Why not join our Litter Pick team who work hard to keep Culmore clean and tidy. They meet on the second Sunday and Monday every month. The Litter Picks will resume on Sunday the 11th and Monday the 12th of May at 11.00am. This is a valuable and much needed service these dedicated volunteers are providing for our community. The group make a great difference along the shoreline and Culmore Point area making it a much more pleasant place to enjoy a walk. We would like to extend our thanks to the Litter Picking team and to Derry City & Strabane District Council for their ongoing support with their collection service. If you would like to join this group please meet at the Hub on Sunday or Monday, we'll provide hi-vis vest, litter picker, bin bags and gloves. This is a lovely intergenerational activity and a great way to get to know your neighbours and have pride in our local area.



CULMORE COMMUNITY HUB AUTUMN TIMETABLE

Commencing April 2025

Monday	Venue	Time
Parent and Toddlers	Downstairs	9.30am – 11.00am Starting 28th April
Litter Pick (2nd Monday of each Month)	Meet at the Hub	11.00am-12.00pm Starting 12th May
Leading Lights Yoga	Downstairs	11.30am –12.30pm Starting 28th April
Hub Social (50+yrs)	Upstairs	1.00pm – 4.00pm Starting 28th April
Culmore Kids Club – Creche	Cabin	9.00am - 12.00pm
Culmore Kids Club – After school	Cabin	2.00pm – 6.00pm
Casey School of Irish Dancing	Upstairs	6.00pm – 7.00pm
Gardening – Culmore Growing Together	Outside	6.00pm – 8.00pm
Men's Photography	Cabin	7.00pm – 9.00pm
Zumba	Upstairs	7.30pm – 8.30pm Starting 28th April
Parenting Programme	Cabin	7.00pm – 9.00pm Starting 12th May
Culmore Youth Club -Juniors 7-9 yrs.	Downstairs	6.00pm – 7.00pm Starting 28th April
Culmore Youth Intermediates 10-13yrs	Downstairs	7.15pm – 8.15pm Starting 28th April
Culmore Youth Club - Seniors 14 – 17yrs	Downstairs	8.30pm – 9.30pm Starting 28th April
Tuesday		
Baby Massage	Downstairs	10.00am – 11.00 am Starting 29th April
Solid Weaning	Downstairs	10.00am – 12.00pm Starting 27th May
Culmore Walking Group	Various	11.00am – 12.00pm Starting 29th April
Pharmacy Programme	Upstairs	10.00am – 12.00pm Starting 29th April
Woman's Circle 2nd Tues every month	Upstairs	Next session 13th May 12 Noon
Culmore Connections	Various	2.00pm – 4.00pm
Culmore Kids Club – Creche	Cabin	9.00am - 12.00pm
Culmore Kids Club – After school	Cabin	2.00pm – 6.00pm
Pilates	Upstairs	6.30pm& 7.30pm Starting 29th April
Choir	Cabin	7.15pm – 8.15pm Starting 29th April
Culmore Youth Club	Downstairs	6.00pm – 9.30pm (See Page 4 for full details)
Wednesday		
Oil Painting	Upstairs	10.00am – 12.00pm Starting 30th April
Leading Lights Tai Swing	Downstairs	12.15pm -1.15pm Starting 30th April
NI Mobile Library	Car Park	2.30pm – 4.00pm Every 2nd week
Culmore Kids Club – Creche	Cabin	9.00am - 12.00pm
Culmore Kids Club – After school	Cabin	2.00pm – 6.00pm
Casey School of Irish Dance	Downstairs	5.45pm – 7.30pm
Buncrana Camera Club	Upstairs	7.30pm (3rd Wednesday of each Month)
Yoga with William Grant	Downstairs	7.45pm – 8.45pm Starting 30th April
Culmore Youth Club	Upstairs/ Cabin	6.00pm – 9.30pm (See Page 4 for full details)
Thursday	Venue	Time
Parent and Toddlers	Downstairs	10.00am – 11.30am Starting 1st of May
Dolly Parton Imagination Library	Downstairs	10.45am Once per month
Crafts	Upstairs	10.00am – 12.00pm Starting 1st of May
Culmore Kids Club – Creche	Cabin	9.00am - 12.00pm
Culmore Kids Club – After school	Cabin	2.00pm – 6.00pm
Cooking on a Budget	Downstairs	2.00pm – 4.00pm Starting 1st of May
Line Dancing	Cabin	7.00pm – 8.00pm Starting 1st of May
Tai Swing	Upstairs	7.00pm – 8.00pm Starting 1st of May
Culmore Youth Club	Downstairs	6.00pm – 9.30pm (See Page 4 for full details)
Friday	Venue	Time
Pilates	Upstairs	9.00am – 9.45am Starting 2nd of May
Coochie Coo	Downstairs Hall	10.00am & 11.00am Contact Jean for Details
Dove House Advice Services	Boardroom	9.15am – 2.00pm (Once per month)
Culmore Kids Club – Creche	Cabin	9.00am - 12.00pm
Culmore Kids Club – After school	Cabin	2.00pm – 6.00pm
Guitar	Upstairs	7.00pm – 8.00pm Starting 2nd of May
Culmore Youth Club	Downstairs	6.00pm – 8.45pm (See page 4 for full details)
Saturday	Venue	Time
Hypnobirthing	Upstairs	Contact Dawn for Details
Pilates with Katie	Cabin	Contact Katie for Details
Sunday	Venue	Time
Litter Pick (2nd Sunday of each Month)	Meet at the Hub	11.00am-12.00pm Starting 11th May