

CULMORE COMMUNITY HUB



CULMORE
COMMUNITY PARTNERSHIP

32-34 Culmore Point Rd,
Derry/Londonderry

t. 028 7116 3713 or
e. una@culmorehub.org

www.culmorehub.org



NEWSLETTER AUTUMN/WINTER 2025

CULMORE FORT: WHERE HISTORY MEETS HOPE

With the conservation of Culmore Fort now complete, we're proud to open a new chapter for this historic site, one rooted in community, connection, and care. Once a symbol of our past, the Fort has been thoughtfully reimaged as a safe and welcoming space for everyone in Culmore.

The Fort will serve as:

- A supportive space for children and young people's emotional wellbeing
- A space for adults seeking connection and help
- A cultural and heritage venue that honours the identity and stories of our community

This transformation has been four years in the making. It began in 2021 with conversations between Culmore Community Partnership (CCP), The Honourable The Irish Society, and Lough



Foyle Yacht Club. After securing a lease, CCP worked to raise the funding needed to bring this vision to life.

On 4 June 2025, we celebrated more than the Fort's restoration, we celebrated the spirit of collaboration, heritage, and shared purpose that made it possible. A former stronghold, Culmore Fort now stands as a beacon of inclusivity and opportunity.

We are deeply grateful to our funders for their support, the Village Catalyst grant scheme a partnership between the Department for Communities, the Architectural Heritage Fund, DAERA, and the Housing Executive.

Continued on page 15

INSIDE:

CULMORE PARENT
& TODDLER

SESSIONS FOR
KIDS AT THE HUB

CULMORE YOUTH
CLUB AND YOUTH
FORUM

FEATURE STORY:
NEIL DOHERTY

HOMEWORK CLUB

CULMORE WORDS
& MUSIC

CULMORE
CONNECTIONS

CULMORE
OVER 50s

SESSIONS
FOR ADULTS
AT THE HUB

IN THE CULMORE
COMMUNITY

FEATURE STORY:
CULMORE FORT

HUB AUTUMN/
WINTER
TIMETABLE

CHRISTMAS
EVENTS



CULMORE PARENT & TODDLER

We have lots of activities to choose from to keep you and your little ones entertained in the Autumn/Winter for 2025.



PARENT AND TODDLER SESSIONS

Parent and Toddler sessions will return on Monday 1st of September with 5 weeks of Debutots these will be bookable online and in the Hub. From Monday 6th October drop-in session will resume 9.30am to 11am. From Thursday 11th September the drop-in sessions

will recommence from 10am – 11.30am. Suitable for 0-4yrs.

BABY MASSAGE

Baby Massage (Suitable from birth to 5 months) We will be offering a Baby Massage Programme starting Tuesday 9th September 10am – 11am.

COOCHIE COO

There will be three sessions: 10am Baby Bubble (6months and under), 11am Baby session (Pre walkers) and 12Noon for Babies who are walking and toddlers. To book contact Jean directly on Instagram @coochiecoomusic

Day	Activity	Time	Location
Monday	Parent and Toddler Debutots	9.30am <i>(Subject to timetabling)</i>	Downstairs Hall
Tuesday	Baby Massage	10.00am	Downstairs Hall
Wednesday	Mammy Fit	10.00am	Downstairs Hall
Thursday	Parent and Toddler	10.00am - 11.30am	Downstairs Hall
Thursday	Dolly Parton Imagination Library	10.45 am– 11.45am (Once per Month)	Downstairs Hall
Thursday	Baby Swim	1.00pm	Foyle Arena
Friday	Coochie Coo	10.00am, 11.00am and 12 noon	Downstairs Hall

NEW FOR AUTUMN/ WINTER

DEBUTOTS - BABY STORY PLAY

Dipping tiny toes into the world of stories, words & sounds, our unique sessions for those under 3 are a multi-sensory blend of storytelling, puppets, bubbles & movement to music. Structured around a new Debutots story each week, little ones are introduced to a world of new characters, allowing them to playfully explore new words and their meanings. The perfect opportunity to spend

precious time together with no distractions, only to embrace the fun and adventure together.

BABY SWIM

Dive into a world of connection and growth with Baby swim, run by Dawn. This special class offers an oasis of uninterrupted bonding time between you and your baby. With no phones, no distractions, and no one needing your attention, it's just you and

your little one, creating memories in the water.

MAMMY FIT

This programme is a blend of Pilates, yoga, functional fitness and breath-work style classes to support mums on their Postpartum recovery journey and throughout motherhood. Mums must be at least 6 weeks post vaginal delivery or 12 weeks post C-Section delivery to attend.

SESSIONS FOR KIDS AT THE HUB

We have a great programme for kids aged 3-12 years running daily at the Hub, to book contact facilitators directly.



SESSION	DAY	TIME	INFORMATION AND BOOKING
Casey School of Irish Dance – Accepting children ages 3+ for fun, fitness and friendship.	Monday Upstairs	6.00pm – 7.00pm All Levels Welcome.	Call Charmaine Roddy on 07841562433
	Wednesday (Downstairs Hall)	5.45pm to 7.30pm. All Levels Welcome	Instagram - @Casey_school Facebook- The Casey School of Irish Dancing
Culmore Kids Club Creche (1 – 4Years) Afterschool club (5-12yrs). School collection available	Monday to Friday	09.00am -12.00 Noon	Call Rachel on 07545 148118
	Monday to Friday	2.00pm-6.00pm	

CULMORE YOUTH CLUB

We have a great programme for children & young people aged 7-17 years running daily at the Hub, To register please scan QR code provided below...



What's been happening

The Spring/Summer Term at Culmore Community Hub has been a busy one, we have had our Easter Scheme, the Kids and Adults Race, and of course our well hydrated Family Fun Day. On top of all that our Junior and Intermediate Summer Schemes were a great success with the highest number of applications yet. We were also lucky enough to host the InterAct Youth Arts Festival for the second year running with young people from the Culmore area, and further afield, taking part in the excellent programme of events offered by the Millenium Forum. Many thanks to all our facilitators for all your brilliant sessions throughout the term.

Mental Health Support for Young People Now Available at Culmore Fort

With the recent opening of the newly restored Culmore Fort, we're pleased to offer a dedicated space for supporting young people's mental health in our community.

One-to-one support is now available through Culmore Community Partnership, offering a safe, confidential environment to talk about whatever's on your mind, from changing schools or exam pressure to bigger life events. Talking it through can make a real difference.

If you'd like to access support, please get in touch with our Youth Team.

'Our Place, Our Planet' – cross community project

In September we will be taking part in a new art and cultural PEACEPLUS project with In Your Space Circus called 'Our Place, Our Planet' alongside Lincoln Courts Youth Club. This project aims to bring young people from diverse backgrounds together using street-based art as a mechanism to having a better understanding and appreciation of their community and public spaces. Through this programme young people will have the opportunity to engage in 7 weekly street arts-based workshops covering circus skills, graffiti art, parkour and dance in September and October. The sessions will run from 6.30pm to 8pm. On top of that there will be two Circus Camp Weekends during which the group will develop and finalize their own performance which they will present during a celebration event at the end of the programme. The programme also includes a cultural trip, which will be announced closer to the beginning of the project. This project is available to young people aged 9-13, scan the QR code to sign up.



Autumn Term

Our Autumn term will begin on Monday 15th September and run until Tuesday 28th October. Club will run five nights a week with Wednesday and Friday Intermediate/Senior Sessions running from 7.15pm to 8.45pm. Our Junior session starts daily at 6pm sharp, the fifteen minutes before each session is set aside for staff to set up for the session. Young people left at the Club prior to 6pm will not be supervised by staff, please do not leave your child alone at the centre before their session starts. We appreciate that Intermediates and Seniors may be involved in programmes, such as the Youth Forum, that require them to be in the building prior to their session start time. To register your child with Culmore Youth Club scan the QR code.



Monday	Tuesday	Wednesday	Thursday	Friday
Juniors 6pm-7pm	Juniors 6.00pm-7.00pm	Juniors 6.00pm-7.00pm	Juniors 6.00pm-7.00pm	Juniors 6.00pm-7.00pm
Intermediates 7.15pm-8.15pm	Intermediates 7.15pm-8.15pm	Intermediate/Senior Split Session 7.15pm-8.45pm	Intermediates 7.15pm-8.15pm	Intermediate/Senior Split Session 7.15pm-8.45pm
Seniors 8.30pm-9.30pm	Seniors 8.30pm-9.30pm		Seniors 8.30pm-9.30pm	



Neil Doherty: A Lifelong Champion for the Culmore Community

For over 30 years, Neil has been the cornerstone of community development in Culmore. His unwavering commitment, leadership, and altruism have shaped the area into a more connected, vibrant, and supportive place for all who live there. Neil's contributions span business, sports, education, and community development.

Business and Economic Development

In 1989, Neil founded Wafer Ltd., a family-run manufacturing business serving the ice cream industry. From just two employees, the company has grown to employ over 60 people, distributing products across the British Isles and Ireland, and reaching customers as far afield as Africa and the Middle East. His business not only supports the local economy but exemplifies sustainable, community-rooted entrepreneurship.

Sport as a Catalyst for Community

Neil's involvement with Culmore Football Club (CFC) began in 1970 as a 14-year-old player. After a brief stint with another club, he returned in 1994 and was dismayed to find that basic facilities were still lacking. Elected Chairman in 1995, he worked tirelessly

to reposition the Club as more than "just a football club," highlighting its role in youth development and volunteerism. Under his leadership, CFC introduced a week-long community festival, which remains a cornerstone of Culmore's cultural calendar.

In 2006, Neil began coaching youth teams, staying with the same group of players as they progressed to senior levels. His team's success included national recognition and an international tournament victory in Spain in 2013, with two players going on to represent Northern Ireland.

Culmore Community Partnership (CCP)

In 2014, Neil recognized the need for a unified voice for Culmore residents and founded Culmore Community Partnership (CCP). As Chair, he secured the lease and led the restoration of Victoria Hall, previously a Masonic Hall which had been derelict for many years. The hall has been transformed into the thriving Culmore Community Hub.

Since opening the doors of the Hub in 2021 the Culmore community has benefited from a wide range of services and support including Culmore Youth Club, programmes for older people, a creche and after-school club, parent & toddler provision, women's and men's tailored support, a full evening programme and year-round community festivals. Today, the Culmore Community Hub welcomes approximately 1,200 visitors weekly



and is a model of community-led development.

Leadership in Governance and Volunteering

Neil has served in various other leadership roles, including; Chair of the Board of Governors at Culmore Primary School (2012–2022); Trustee of Foyle Hospice (2001–2015), where he contributed in memory of his late sister; Trustee of Foyle River Gardens (2019–2022).

Legacy and Impact

Since 2018, under Neil's leadership, CCP has secured over £3 million in funding to transform Culmore through essential services, infrastructure, and community engagement. His legacy is visible in the facilities, programmes, and unity that now define the area. Quite simply, without Neil's vision, tenacity, and generosity, many of these achievements would not have been possible.



Culmore Hub Homework Club

Offer your child a quiet, structured place to focus on homework with supervision and support.

OPERATING HOURS & ELIGIBILITY

- When: Monday–Thursday, 3:00p.m.–5:00p.m. (Term time only)
- Who's eligible: Culmore Primary School & Hollybush Primary School pupils

SUPERVISION & SUPPORT

- Children are collected at 3:00p.m. from their school gates at Culmore PS and Hollybush PS.
- A snack and drink awaits them at the Hub.
- Pupils work on their own assigned homework, supervised by staff.
- Staff offer guidance and direction, not formal marking or corrections.
- Final review and completion responsibility remains with parents/guardians.

ACTIVITIES FOR EARLY FINISHERS

After finishing homework, children can choose from:

- Reading
- Quiet study
- Drawing or creative art
- Early-finisher worksheets (Non-school related materials and activities are not permitted.)

DISCIPLINE & BEHAVIOUR

Our Code of Discipline applies during all sessions:

- Respectful and appropriate behaviour expected at all times.
- We follow our established disciplinary procedures to ensure a positive and safe atmosphere.

COLLECTION & DISMISSAL

- Pupils must be collected promptly at 5:00p.m. at Culmore Community Hub.
- Pupils in Primary 5 and above may leave unaccompanied only with written parental permission.

FEES & PAYMENT

- £10.00 per session, or £40/week for four-day attendance
- Payment options: Weekly or monthly by Standing Order



WHY CHOOSE US?

Quiet, focused learning environment

Minimal distractions help promote better study habits

Supervisor presence

Guidance is available to keep students on track

No full marking

Helps manage expectations—parents remain in control

Creative, academic stations

Productive activities for early finishers

HOW TO REGISTER

1. Fill out our registration.
2. We will contact you to confirm your place.
3. Your spot is confirmed once the first payment or standing order is received.

<https://forms.gle/Cm5N9TFE8Qm7uN956>



CULMORE WORDS & MUSIC FESTIVAL '25

JULY - NOVEMBER 2025



PROGRAMME OF EVENTS

Culmore Words & Music Festival celebrates the poets, creative writers, singers and musicians of Culmore. We launched the Festival in March 2025 with a Poetry competition with the theme of Culmore Fort. From June to November, we are delighted to open the stage to local performers and creatives with a series of events for the whole community to enjoy. We hope you will join us either as a performer or as an audience member as we celebrate the talent and creativity in our community.

ADULTS

2.00pm to 4.00pm

Mondays 8th September – 13th October

OUR MEMORIES IN SONG

– A TRIP DOWN MEMORY LANE!

With two musicians we will explore music and songs from the past which hold memories and significance for the group. The programme will involve informal chat, as well as performances from musicians and group sing-alongs. It will be a great way to meet and chat with people and enjoy your favourite music and artists of the past and the special memories they evoke!



Music Kin CIC supported by Arts Council of Northern Ireland Rural Engagement Arts Programme will deliver this joyful 6-week programme of singing and music making for reminiscence and for fun. This is a free programme but must be booked in advance at the Hub.

7.00pm – 8.30pm

Tuesday 9th September

POETRY COMPETITION WINNERS' PERFORMANCE

– COMPERE MARK BURNS

The winners of our Culmore Fort themed poetry competition will perform their poems for the community at Culmore Community Hub.

There was stiff competition in all age groups, the judges had a tough time selecting the winners. Come along and hear the first public performances by our local budding poets. Thanks to everyone who participated and for those who were disappointed there's always next year! Tickets £3.00 for an individual and £6 for family (5 people) can be booked at the Hub.

2.00pm-3.30pm

Saturday, 25th October

THE CITY OF DERRY INTERNATIONAL CHOIR FESTIVAL IS COMING TO CULMORE!

Join us at Culmore Community Hub for a free community concert as part of this year's City of Derry International Choir Festival. This October, dozens of choirs from across Ireland, the UK, and around the world will visit the city to celebrate the joy of singing — and we're thrilled that our community will be part of it! This special event brings together local singing groups and international choirs for a one-of-a-kind performance, a truly diverse and uplifting afternoon of music. Don't miss it!



7.00pm - 8.30pm

Wednesday 29th October

SPOOKY STORIES FOR ADULTS AT THE FORT WITH MARK BURNS AND FRIENDS

Spooky tales aren't just for children, join us for some spine-tingling dark and eerie stories. We'll start the evening at Culmore Hub and take a moon-lit walk along the shore to the historic Culmore Fort, there may be a few scares along the way!!! Local poet and writer Mark Burns will be joined by some friends who will do their best to give you a fright!! Tickets £5.00 can be booked at the Hub.

7.30pm to 9.00pm

Friday 21st November

STORIES OF CULMORE PAST AND PRESENT OPEN MIC

Calling all local creative writers and poets, would you like to showcase your writing at our open mic event to tell your tales of life in Culmore, Muff and the surrounding area. This event is free of charge.

CULMORE CREATIVE WRITERS GROUP

Would you be interested in taking part in a monthly creative writing group at the Hub. We'll provide the space and a cuppa for writers to share ideas and learn from their peers. If this sounds interesting give us a call 028 7116 3713.

Initial meeting of the group will be on 11th September at 7pm.

CHILDREN & YOUNG PEOPLE

6.00pm - 7.00pm

Tuesday 21st October

SPOOKTACULAR CREATIVE WRITING FOR CHILDREN*

Get into the Halloween spirit by joining us at the Hub to write your own spooky story or poem. Grainne McCool, The Write Stuff will help you write stories that will scare even the bravest of souls!!!

6.00pm - 8.30pm

Monday 27th & Tuesday 28th October*

SPOOKY STORIES FOR CHILDREN AT THE FORT*

Kick off your Halloween celebrations with a trip to Culmore Fort for an evening of spooky tales to chill your bones!!! Come along in your spookiest Halloween costume and prepare to be terrified!!!

***Halloween children's sessions are free of charge and exclusively for Culmore Youth Club members. Sessions are suitable for ages 7-13yrs.**

10.00am - 12.00Noon

Thursday 30th October

A COOCHIE COO HALLOWEEN AT THE HUB

We'll have a spook-free Halloween Coochie Coo session of music, singing and movement for little ones aged 0-4yrs. Wear your favourite Halloween costume and have lots of fun!! Tickets £5.00 per child can be booked at the Hub.

POETRY COMPETITION WINNERS

Congratulations to our worthy winners!

A huge thank you to everyone who entered our Culmore Fort-themed Poetry Competition. We can't wait to hear the winning poems performed at the Hub on Tuesday, 9th September at 7:00pm (See page 6 for further details). Come along and support our amazing local talent!

7-9 Years

1st Ruairi Anderson Houston
2nd Jenna Hasson
3rd Lucia Clarke

10-13yrs

1st Matias Ruata
2nd Henry Campbell
3rd Meredith Carey-Quinn

14-17yrs

1st Grace McDuff
2nd Chloe Doherty

Adults

1st Rosaline Callaghan
2nd Martin Dunne
3rd Kelan Galligan

OUR FUNDERS



CULMORE CONNECTIONS

Celebrating cultural diversity in our community



Discover, Connect, and Create with Culmore Connections!

Culmore Connections is an exciting programme that invites you to explore the rich local history, heritage, and traditions of our area, while also getting to know the diverse communities that make up our shared home. Through meaningful activities and shared experiences, you'll gain a deeper understanding and appreciation of the beliefs, faiths, and cultures of others, including those from across the border and from different religious backgrounds.

By taking part, you'll help build a stronger, more respectful, and connected community—while having plenty of fun along the way!

The programme includes:

- Cultural Day Trips to explore shared heritage
- Local History Workshops to explore our shared past
- Art Workshops to design beautiful stained-glass windows that will be proudly displayed in the Culmore Community Hub
- Storytelling & Writing Workshops, to create a book of local stories

To get the most out of Culmore Connections, we ask participants to commit to attending all parts of the programme. This helps everyone build lasting friendships and ensures each person gets the full benefit of learning about our community's rich and diverse cultural fabric. We can't wait to connect with you!

Cultural Day Trips: Discover, Connect, and Explore!

We're kicking off the Culmore Connections project with a series of cultural day trips to local museums and you're invited!

These trips are a fantastic way to get to know your fellow participants while exploring the rich history and heritage we all share. You'll have the chance to learn something new, enjoy great company, and start building connections that will grow throughout the project.

Lunch is included, and we'll provide transport with pick-up points in both Muff and Culmore for each trip. Come along, relax, and enjoy the journey with us!

Warrenview Manor, Muff Bus Time	Culmore Community Hub Bus Time	Location
3rd September 2025: 11.15am – 4.15pm		
11.15am	11.30am	Dunree Fort
10th September 2025: 11.00am – 4.15pm		
11.15am	11.00am	Inishowen Maritime Museum, Greencastle
17th September 2025: 10.30am – 4.15pm		
10.30am	10.45am	The Siege Museum and The Tower Museum

Local History Workshops: Step Into the Past

Join us for two fascinating local history workshops where we'll uncover stories from our shared past and explore some of the area's most historic sites.

• Workshop 1: Culmore Fort

We'll visit the recently restored Culmore Fort to learn about its rich and storied history. Discover the role this landmark has played in our local heritage and enjoy the chance to explore it up close.

• Workshop 2: Church of Ireland, Muff

Our second workshop takes us to the Church of Ireland in Muff, where we'll delve into the legacy of the Hart family and their lasting impact on the local community.

These workshops are a great opportunity to deepen your understanding of the area's past while connecting with others who share a passion for local heritage. Come along and be part of bringing history to life!

Date	Location	Time
24th September 2025	Culmore Community Hub/ Culmore Fort	12.30pm – 2.30pm
1st October 2025	Church of Ireland, Muff	12.30pm – 2.30pm

Storytelling & Writing Workshops: Share Your Story, Shape Our History

Do you have memories, family tales, or stories passed down about life in Culmore or Muff during the 1900s? If you're aged 50 or over, we'd love to hear them!

Join us for a series of relaxed and creative storytelling and writing workshops where, with the help of our friendly writing facilitator, you'll have the chance to bring these important stories to life. Whether it's a personal memory or something handed down from your parents or grandparents, your voice matters—and your story deserves to be heard.

The stories we collect will be brought together in a beautifully designed book that will be shared with every home in Culmore and Muff, celebrating the voices and experiences of our local community.

Date	Location	Time
Every Tuesday from 7th October to 11th November 2025	Culmore Community Hub	10.00am – 12.00 Noon
Every Thursday from 9th October to 13th November 2025	Warrenview Manor, Muff	2.00pm – 4.00pm



Stained Glass Art Workshops: Help Create Something Beautiful for Culmore!

As part of the Culmore Connections project, we're excited to offer you the chance to help design stunning stained-glass windows that will be permanently installed at Culmore Community Hub.

Working alongside a professional artist, you'll take part in fun, hands-on workshops where your ideas, stories, and creativity will help shape a beautiful piece of art for everyone in the community to enjoy.

No experience is needed, just your imagination and a love for Culmore! This is a unique opportunity to leave your mark and be part of something lasting and meaningful.

If you would like to participate, please contact the Hub on 028 7116 3713. Places are limited so please book early. All activities are free of charge.



SESSIONS FOR OVER 50's AT THE HUB

We have our continuing programme of classes for all our over 50s to enjoy this Winter.



SEWING WITH ROSIE

Sewing classes using a Sewing Machine from beginners to intermediates and beyond will run from Monday 8th September for 6 weeks from 10.00am to 12 Noon. Own Sewing Machine is required for this class.

YOGA

William Grant will deliver our Monday morning session starting on 15th of September from 11.30am to 12.30pm. This session is tailored to the needs of the over 50's.

LUNCH SOCIAL

On Monday 8th September from 12.30pm to 4.00pm we will be continuing our Lunch Social at the Hub. We want local people aged 50+ to join us for some good food, a chat, and activities in our upstairs hall. From Monday 8th of September for 2pm to 4 "Our Memories in Song - A trip down memory lane" will take place after lunch.

WALKING GROUP

The group will meet at the chosen destination each

Tuesday at 11am for a walk and great chat. If you are interested in joining in, please contact us. (Own Transport or car share required).

PHARMACY PROGRAMME

We are working in partnership with Bradley's Pharmacy to deliver our CDHN - Building the Community Pharmacy programme. This programme is available for local men and woman who are aged 50+. The aim of the programme is to improve mental and physical wellbeing, make new friends and learn about the wide range of support available through our local pharmacy and in the community. On 9th of September, we will continue with our Pharmacy Programme.

TAI SWING

Caren Friel will be back with us for Tai Swing from 12.15pm to 1.15pm every Wednesday starting on 10th September.

CRAFT

Autumn Craft classes with Kiera will begin on Thursday 11th of September at 10am - 12noon.

NEW FOR AUTUMN/WINTER 2025

TRADITIONAL CRAFT - SPINNING AND DYEING

Fiona Doney will be joining us in November for traditional Craft - Spinning and dyeing. Learn the ancient craft of using a drop spindle and hand carders to create yarn. Working from raw sheep fleece we will produce yarn, in the natural colours of the fleece. The yarn will then be dyed using vegetables and flowers, leaves and berries. The final step will be weaving, on a frame loom, either bookmarks or coasters. All participants should bring sharp scissors, and apron and hand cream.



Day	Activity	Time
Monday	Sewing Yoga Lunch Social Our Memories in song	10.00am 11.30am 12.30pm 2.00pm
Tuesday	Pharmacy Programme Walking Culmore Connections	12.00pm 11.00am 2.00pm
Wednesday	Tai Swing	12.15pm
Thursday	Craft	10.00am

To book your place call 028 71163713 or email admin@culmorehub.org

SESSIONS FOR ADULTS AT THE HUB

We are keen to provide support for adults to improve their physical, mental and emotional well-being.



ZUMBA

Zumba with Alana will commence on Monday 8th September 7.30pm – 8.30pm.

GARDENING

Our Culmore Growing Together group meet from 6.00pm to 8.00pm on a Monday evening here at the Hub.

CULMORE WOMENS' CIRCLE

Culmore Women's Circle, our fun and vibrant Women's group. The first session will be Tuesday 7th October at 12.00 noon.

PILATES EVENING

We have two Pilates classes on a Tuesday at 6.30pm and 7.30pm with Brenda Plummer, classes resume 30th September.

CHOIR

Choir practice will return on Tuesday 9th September from 7.15pm – 8.15pm. If you are interested in joining please feel free to come along.

OIL PAINTING

Oil Painting Classes with David Fahy and will run from Wednesday 10th of September 10am – 12 noon.

YOGA WITH WILLIAM GRANT

Yoga classes with William Grant will be Wednesday nights from 7.45-8.45pm from the 10th of September 2025.

BUNCRANA CAMERA CLUB

Buncrana Camera Club will continue to meet here at the hub on the third Wednesday of every month at 7.30pm in our upstairs hall.

LINE DANCING

Line Dancing with Davey will be on a Thursday beginning again on 11th of September 7.00pm – 8.00pm.

TAI SWING

Tai Swing with Caren Friel continuing on Thursday 11th of September 7.00pm – 8.00pm.

PILATES AND MINDFULNESS

Pilates class on a Friday at 9am with Brenda Plummer, classes resume Friday 3rd of October.

HYPNOBIRTHING

Dawn from Your Journey, Your Way is running a series of Hypnobirthing classes here at the Hub throughout the year. This will be on a Saturday morning and some evening classes. To

Day	Activity	Time
Mon	Gardening Zumba	6.00pm 7.30pm
Tue	Women's Circle Pilates Choir	12.00pm 6.30pm & 7.30pm 7.15pm
Wed	Oil Painting Yoga	10.00am 7.45pm
Thur	Line Dancing Tai Swing	7.00pm 7.00pm
Fri	Pilates	9.00am

book contact Dawn directly on Facebook @your_journey_your_way_

PILATES WITH KATIE

Katie Vail teaches classical Pilates suitable for all levels. These classes will be on a Saturday morning. Contact Katie to book.

FUSED GLASS WORKSHOP

Design and create your own beautiful set of handmade fused glass jewellery. Under the supervision of glass tutor Natasha Duddy you will learn how to cut glass and add coloured frits and stringers to create your final designs. Saturday 20th September.

SOUND BATH

Elaine Carlin will be running a small Sound Bath class in our newly renovated Culmore Fort. These classes will run on a Wednesday evening from 7pm.

THE MEN'S CIRCLE AT THE FORT.

THE MEN'S CIRCLE AT THE FORT

This Autumn, we're excited to launch The Men's Circle at The Fort. This series of activities is designed to support the mental and physical well-being of men in our community. Whether you're looking to develop new skills, stay active, or simply connect with others, we'll be offering a welcoming space for men of all ages to come together, make new friends, and feel more connected.

PILATES FOR MEN

Brenda Plummer will run a Men's Pilates Programme at the Fort. Over the 6 weeks Brenda will deliver a progressive program, gradually increasing the challenge and complexity of exercises each week to help you get the most from your practice. Classes will commence from Monday 29th September.

GUITAR

Guitar lessons with Charlie Nicell will take place on a Tuesday evening at 7pm from 23rd of September. If you are interested in joining the class

please contact us for details.

PHOTOGRAPHY

Photography for Men will take place on a Thursday evening at 7.00pm. Classes will start on 11th of September.

FORT		
Mon	Pilates	7.15pm
Tue	Guitar	7.00pm
Wed	Sound Bath	7.00pm
Thu	Photography	7.00pm

IN THE CULMORE COMMUNITY

Our local clubs are accepting new members and keen to hear from volunteers, check out details below.



CULMORE CU CHULAINNS GAA

Weekly coaching and games for girls and boys aged 4 to 16 years old at Thornhill College, Culmore.

- Every Saturday morning from 10.00am til 12noon
- Wednesday evenings from 6.00pm to 9.00pm
- Nursery Gaelic every Saturday morning

New players very welcome! Come along and learn all about Gaelic games! If curious, call or text Dermot on 07971784367 for more info. Anyone interested in volunteering at the club please get in touch also, thank you. Find us on Facebook @Culmore Cù Chulainns



CULMORE YOUTH FOOTBALL CLUB

A record number of Culmore Youth FC teams participated at the Foyle Cup in July with teams ranging from Under 8s up to Under 19s taking part.

The club is continuing their push to get all coaches accredited with Northern Irish FA and/or UEFA coaching qualifications and are open to new coaches joining.

As the club develops local players with teams from 2020 upwards, if you or your kids are interested in being part of the journey, get in touch on social media, via email culmorefc@outlook.com or contact Ben on 07502 100634 for more information.



LOUGH FOYLE YACHT CLUB

Culmore Point

Dinghies and Foyle Punts are raced from March to November, on average twice per week, 62 race days in total this season.

Full sailing schedule can be found at - www.lfyc.co.uk

For further information you can get in touch at - Loughfoyleyachtclub@hotmail.com

LITTER PICK

Why not join our Litter Pick team who work hard to keep Culmore clean and tidy. They meet on the second Sunday and Monday every month. The Litter Picks will resume on Sunday the 14th and Monday the 15th of September at 11.00am. This is a valuable and much needed service these dedicated volunteers are providing for our community. The group make a great difference along the shore-line and Culmore Point area making it a much more pleasant place to enjoy a walk. We would like to extend our thanks to the Litter Picking team and to Derry City & Strabane District Council for their ongoing support with their collection service. If you would like to join this group please meet at the Hub on Sunday or Monday, we'll provide hi-vis vest, litter picker, bin bags and gloves. This is a lovely intergenerational activity and a great way to get to know your neighbours and have pride in our local area.



VOLUNTEERING AT THE HUB

We currently have over 80 volunteers who are key to making things run smoothly here at the Hub throughout the year at various small and large events. Without their time and support it would not be possible to bring you all the clubs, activities, and events that you have grown to love. From January to July 2025 there has already been over 1006 volunteer hours. Sincere thanks to each and every one of you for your continued support. If you would like to join our Volunteer Team then please contact us on 028 7116 3713.



SUPPORT SERVICES AT THE HUB

Healthy Minds With Happy Me

This 5 -week course is specially designed for children who may struggle with anxiety, fears, confidence issues, or emotional overwhelm. In a supportive and fun environment, children will learn how their minds work, what triggers their big feelings, and simple, effective ways to calm themselves and build inner strength.

Each week includes a mix of fun, discussion, movement, mindfulness, creative activities, and EFT tapping—all child-friendly and easy to use anytime.

What your child will learn:

- How to cope with big worries and fears
- Simple mindfulness techniques to calm the mind
- EFT tapping to help with anxiety and emotional release
- What triggers their emotions and how to manage them
- Confidence-building tools and self-talk strategies
- Healthy coping habits they can use at home or school

This course is perfect for children who need gentle support in understanding their feelings and growing their emotional resilience in a safe, caring space. Starting Wednesday 10th September 5.00pm – 6.00pm.

Counselling for Adults at Culmore Fort

If you're feeling overwhelmed, stressed, or simply need someone to talk to, our adult counselling service is here for you.

Sessions take place in a safe, secure, and welcoming environment at Culmore Fort, ensuring your comfort and privacy at all times.

- Flexible Appointment Times Available
- Confidential Support

To find out more or book a session contact the Hub on 028 71163713
Email: una@culmorehub.org

You don't have to go through it alone — support is just a call or email away.

Counselling for Children & Young People at Culmore Fort

Are you feeling anxious, overwhelmed, or just need someone to talk to? You're not alone and we're here to help.

Our counselling service at Culmore Fort offers a safe, confidential space for children and young people to talk, be heard, and get support with whatever they're going through.

This free service is delivered by trained professionals and tailored to the needs of young people facing challenges at school, at home, or in everyday life.

Location: Culmore Fort
Flexible appointment times available
Free and confidential

To find out more or book a session contact the Hub on 028 71163713
Email: youthcoord@culmorehub.org

Mobile Library at the Hub

Every fortnight on a Wednesday 2.30 pm – 4.00pm we will have the Mobile Library from Libraries NI here in our Car Park. This service is available to the whole community. Why not come along and have a chat and choose some books to borrow.



Culmore Community Partnership is a registered charity, we rely on funding and donations to deliver our programme of activities and for our running costs. One of the ways we raise funds is to charge for most of the activities we deliver at the Hub. We are sensitive to the fact there may be financial challenges being faced within the community. If you would like to participate in an activity but feel that the full cost would be a challenge, please contact us and we can discuss reduced rates.

CULMORE COMMUNITY HUB AUTUMN TIMETABLE

Commencing September 2025

Monday	Venue	Time
Debutots	Downstairs	9.30am - 10.15am, Starting 1st Sept (5 wks)
Sewing with Rosie	Upstairs Hall	10.00am - 12.00pm, Starting 8th Sept (6wks)
Litter Pick (2nd Monday of each Month)	Meet at the Hub	11.00am - 12.00pm, Starting 14th Sept
Yoga (50+)	Downstairs	11.30 - 12.30pm, Starting 15th Sept (5wks)
Hub Social (50+yrs)	Upstairs	12.30 - 3.30pm, Starting 8th Sept Ongoing
Our Memories in Song	Upstairs	2.00pm - 4.00pm, Starting 8th Sept (6 weeks)
Culmore Kids Club – Creche	Cabin	9.00am - 12.00pm
Culmore Kids Club – After school	Cabin	2.00pm - 6.00pm
Culmore Homework Club	Downstairs	2.00pm - 5.00pm
Casey school of Irish Dancing	Upstairs	6.00pm - 7.00pm
Mens Pilates	Fort	7.15pm
Zumba	Upstairs	7.30pm - 8.30pm, Starting 8th Sept 6wks
Culmore Youth Club -Juniors 7-9 yrs.	Downstairs	6.00pm - 7.00pm, Starting 15th September
Culmore Youth Intermediates 10-13yrs	Downstairs	7.15pm - 8.15pm, Starting 15th September
Culmore Youth Club - Seniors 14 – 17yrs	Downstairs	8.30pm - 9.30pm, Starting 15th September
Tuesday	Venue	Time
Baby Massage	Downstairs	10.00am – 11.00am, Starting 9th September
Solid Weaning	Downstairs	10.00am – 12.00pm, Starting 7th October
Culmore Walking Group	Various	11.00am – 12.00pm, Starting 9th September
Pharmacy Programme	Downstairs	12.00 – 1.30pm, Starting 9th September
Woman's Circle 1st Tues every month	Downstairs	12.00 – 1.30pm, Starting 7th Oct, 4th Nov, 2nd Dec
Culmore Connections	Various	Various
Guitar	Fort	7.00pm, Starting 23rd September (5wks)
Culmore Kids Club – Creche	Cabin	9.00am - 12.00pm
Culmore Kids Club – After school	Cabin	2.00pm – 6.00pm
Culmore Homework Club	Downstairs	2.00pm - 5.00pm
Pilates	Upstairs	6.30pm & 7.30pm, Starting 30th Sept (4 wks)
Choir	Cabin	7.15pm – 8.15pm, Starting 9th September
Culmore Youth Club	Downstairs	6.00pm – 9.30pm (See Page 4 for full details)
Wednesday	Venue	Time
Oil Painting	Upstairs	10.00am – 12.00pm, Starting 10th Sept (7 wks)
Mammy Fit by Alice	Downstairs	10.00am - 11.00, Starting 1st October (6 wks)
Tai Swing (50+)	Upstairs	12.15pm -1.15pm, Starting 10th Sept (7 wks)
NI Mobile Library	Car Park	2.30pm – 4.00pm, Every 2nd week
Culmore Kids Club – Creche	Cabin	9.00am - 12.00pm
Culmore Kids Club – After school	Cabin	2.00pm – 6.00pm
Culmore Homework Club	Downstairs	2.00pm – 5.00pm
Casey School of Irish Dance	Downstairs	5.45pm – 7.30pm
Sound Bath	Fort	7.00pm – 8.00pm, Starting Sept 3rd (6 wks)
Buncrana Camera Club	Upstairs	7.30pm (3rd Wednesday of each Month)
Yoga with William Grant	Downstairs	7.45pm – 8.45pm, Starting 10th Sept (5 weeks)
Culmore Youth Club	Upstairs/ Cabin	6.00pm – 9.30pm (See Page 4 for full details)
Thursday	Venue	Time
Parent and Toddlers	Downstairs	10.00am – 11.30am , Starting 11th September
Dolly Parton Imagination Library	Downstairs	10.45am Once per month

Crafts	Upstairs	10.00am – 12.00pm, Starting 11th September
Culmore Kids Club – Creche	Cabin	9.00am – 12.00pm
Culmore Kids Club – After school	Cabin	2.00pm – 6.00pm
Culmore Homework Club	Downstairs	2.00 – 5.00
Baby Swim	Foyle Arena	1.00 – 2.00pm, Starting 11th September (6 wks)
Healthy Minds with Happy me	Boardroom	5.00pm – 6.00pm
Line Dancing	Cabin	7.00pm – 8.00pm, Starting 11th September 7 wks
Tai Swing	Upstairs	7.00pm – 8.00pm Starting 11th Sept (7 wks)
Culmore Youth Club	Downstairs	6.00pm – 9.30pm (See Page 4 for full details)
Men's Photography	Fort	7.00pm – 8.30pm
Friday	Venue	Time
Pilates & Mindfulness	Upstairs	9.00am – 9.45am Starting 3rd Oct (4 wks)
Coochie Coo	Downstairs Hall	10am, 11am and 12 Noon. 12th Sept (6 week block)
Dove House Advice Services	Boardroom	9.15am – 2.00pm (Once per month)
Culmore Kids Club – Creche	Cabin	9.00am – 12.00pm
Culmore Kids Club – After school	Cabin	2.00pm – 6.00pm
Culmore Youth Club	Downstairs	6.00pm – 8.45pm (See page 4 for full details)
Saturday	Venue	Time
Hypnobirthing	Upstairs	Contact Dawn for Details
Pilates with Katie	Cabin	Contact Katie for Details
Sunday	Venue	Time
Litter Pick (2nd Sunday of each Month)	Meet at the Hub	11.00am-12.00pm Starting 14th September

Continued from page 1

CULMORE FORT: WHERE HISTORY MEETS HOPE

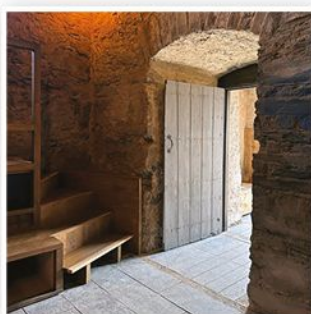
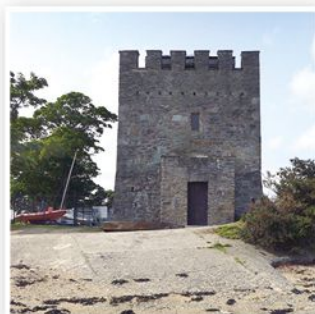
Additional funding came from The Honourable The Irish Society, the Garfield Weston Foundation, and the Pilgrim Trust.

Thanks also go to Lough Foyle Yacht Club for their generosity and stewardship over the past 50 years, and for helping facilitate this next phase under CCP's care. Culmore Fort is no longer just a reminder of our past, it's a vital part of our future. A place for gathering, healing, and celebrating all that makes our community strong.

This Autumn, as part of European Heritage Open Days 2025, we'll be opening Culmore Fort to the local community. Each year EHD's across Europe celebrate a shared theme and for 2025 the theme is "Architectural Heritage – Past structures – Future Connections". Visitors will have the chance to explore the history of this unique site and see the outstanding conservation work carried out by Mark Hackett Architects and We Build Ireland.

Tours will take place on Saturday 13th and Sunday 14th September from 11.00am to 3.00pm to book your place please see our website www.culmorehub.org or call 028 7116 3713.

For all activities at the Fort the parking will be at Culmore Community Hub as there will be no parking at Culmore Fort. (Exceptions for Blue Badge Holders). Attendees will then walk the short distance from the Hub to the Fort for the classes.



Christmas Events

ELF PARADE & CHRISTMAS LIGHTS

SWITCH-ON AT THE HUB!

Friday 14th November 6.00pm - 7.30pm

Santa and his Elves had such a magical time in Culmore last year, they're coming back again this Christmas! Santa called from the North Pole to let us know he'll be visiting The Hub on Friday 14th November and he's bringing some festive sparkle with him!

The Elf Parade kicks off at 6:00pm from Cloncool Park, with 250 local young people aged 7-17 from Culmore Youth Club, Culmore Primary School, Hollybush Primary School, Culmore Kids Club, and Thornhill College.

The parade will light up the streets with music, colour and festive cheer as it makes its way to The Hub for the Christmas Lights Switch-On with our very special guest... Santa Claus!

No booking necessary - Outdoor event - Wrap up warm!

Please be aware of traffic disruptions:

Parade route (Cloncool Park to the Hub): 5:50pm - 6:40pm

Hub area during the Lights Switch-On: 6:40pm - 7:30pm

We apologise for any inconvenience and thank you for your support. Come join us for a magical night that promises festive fun for all the family!

CHRISTMAS CRAFT & FOOD FAIR AT THE HUB

Sunday 30th November 11:00am - 4:00pm

Get into the festive spirit at our much-loved Christmas Craft & Food Fair!

Join us for a magical day filled with local and regional crafters, artists, food producers, and more - all offering unique, handcrafted gifts and seasonal treats perfect for Christmas. If you would like to have a stall at the Fair application forms available from Monday 22nd September, please email projectcoord@culmorehub.org.

VISIT SANTA AT HIS WORKSHOP IN CULMORE FORT

Friday 12th - Wednesday 16th December

Santa is making his return to Culmore and he can't wait to meet all the local children at his magical workshop in Culmore Fort! Each visit includes a 15-minute slot, a chance to meet Santa himself, and a gift for every child.

Bookings will open on Monday 2nd November can be made on our website www.culmorehub.org/events or call: 028 7116 3713. Spaces are limited - book early to avoid disappointment!

FESTIVE WILLOW WORKSHOPS

- GET CREATIVE THIS CHRISTMAS!

Join us for a series of seasonal willow workshops to get you in the Christmas spirit! Whether you're making a unique gift, decorating your home, or simply enjoying some creative time with others, there's something for everyone

WILLOW WEAVING - CREATE BEAUTIFUL NATURAL HEART DECORATIONS!

Monday 24th November & Monday 1st December,

9:30am - 12:15pm

Join us for a festive and creative workshop where you'll learn the traditional craft of willow weaving to make your very own heart-shaped wreaths, perfect for Christmas décor or thoughtful handmade gifts!

WOMEN'S CIRCLE - CHRISTMAS CREATIONS

Tuesday 2nd December, 10:00am - 2:00pm

Ease into the festive season with relaxing session creating charming willow crafts.

Make your own Christmas wreath and willow stars in a warm, welcoming setting, perfect for adding a handmade touch to your holiday décor.

FULL DAY FESTIVE CRAFT

Saturday 22nd November, 10:00am - 4:00pm

Learn to weave your own willow basket - a beautiful and functional gift or keepsake.

Saturday 6th December, 10:00am - 4:00pm

Create a stunning willow Christmas platter - a perfect centrepiece for your festive dinner table.

Come along, get hands-on with natural materials, and take home something truly special this Christmas!



EVENT SPONSOR

Share
energy